

Free preventive services for children (ages 0-19)

Most health insurance plans must cover a set of preventive services for children — such as shots and screening tests — at **no cost to you**. This includes plans bought through HealthCare.gov. Taking advantage of these free services can help children stay healthy and avoid more expensive care later on.

IMPORTANT: These services are free only when delivered by a doctor or other provider in the plan's network.

Free services for children include:

- **Alcohol and drug use assessments** for adolescents
- **Autism screening** for children between 18 and 24 months
- **Behavioral assessments** for children
- **Blood pressure screening** for children
- **Cervical dysplasia screening** for sexually active females
- **Depression screening** for children between ages 12 and 18
- **Developmental screening** for children younger than age 3
- **Dyslipidemia screening** for children at higher risk of lipid disorders ages
- **Fluoride chemoprevention supplements** for children without fluoride in their water source
- **Gonorrhea preventive medication** for the eyes of all newborns
- **Hearing screening** for all newborns
- **Height, weight and body mass index (BMI) measurements** for children
- **Hematocrit or hemoglobin screening** for all children
- **Hemoglobinopathies or sickle cell screening** for newborns
- **Hepatitis B screening** for children ages 11 to 17 at high risk, including adolescents from countries with 2 percent or more Hepatitis B prevalence, and U.S.-born adolescents not vaccinated as infants and with at least one parent born in a region with 8 percent or more Hepatitis B prevalence.
- **HIV screening** for children 15 and older at higher risk
- **Hypothyroidism screening** for newborns
- **Immunization vaccines** for children for:
 - Diphtheria, Tetanus, Pertussis (Whooping Cough)
 - Haemophilus Influenza Type B
 - Hepatitis A
 - Hepatitis B
 - Human Papillomavirus (HPV)
 - Inactivated Poliovirus
 - Influenza (flu shot)
 - Measles
 - Meningococcal
 - Pneumococcal
 - Rotavirus
 - Varicella (Chickenpox)
- **Iron supplements** for children from 6 to 12 months at risk for anemia
- **Lead screening** for children at risk of exposure
- **Medical history** for all children throughout development
- **Obesity screening and counseling**
- **Oral health risk assessment** for children younger than age 11
- **Phenylketonuria (PKU) screening** for newborns
- **Sexually transmitted infection (STI) prevention counseling and screening** for children ages 15 and older or at higher risk
- **Tuberculin testing** for children at higher risk of tuberculosis
- **Vision screening** for all children

When requesting these services from your provider, say you want your free wellness services to ensure proper billing. Before agreeing to services or treatment, ask if any suggested diagnostic tests or treatments are free wellness services or included in your medical plan.

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Essential health benefits for health insurance plans

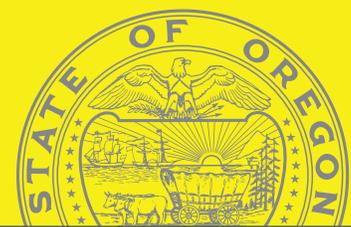
Most health insurance plans bought through HealthCare.gov or from an insurer must offer a full package of items and services, known as **essential health benefits**. The cost of these services vary depending on the plan you select. To learn more about the potential costs, contact your insurer.

These benefits include:

- Outpatient care: The kind you get without being admitted to a hospital
- Trips to the emergency room
- Treatment in the hospital for inpatient care
- Care before and after your baby is born
- Mental health and substance use disorder services: This includes behavioral health treatment, counseling, and psychotherapy
- Your prescription drugs
- Services and devices to help you recover if you are injured or have a disability or chronic condition: This includes physical and occupational therapy, speech-language pathology, psychiatric rehabilitation
- Your lab tests
- Preventive services, including counseling, screenings, and vaccines to keep you healthy and care for managing a chronic disease
- Pediatric services: This includes dental care and vision care for children younger than 18

If you have questions about what else your health insurance plan covers, review your plan's summary of benefits and coverage or contact your insurer.

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