

Sign up, renew, or change health plans at **HealthCare.gov**

**Don't have health insurance?
We are here to help.**

- Learn about what plan might be **best and most affordable** for you.
- See if you can get **financial help** to pay for your plan.

**Did you buy health insurance last year?
It is time to renew or change plans.
Review your plan. Compare your options.**

- Your health care needs can change.
- Each year, new plans are offered, **benefits can change**, and some plans are discontinued.
- Changes in income and family size can affect your **financial assistance**.
- Check to see if you will be automatically **re-enrolled** in your plan. You may need to **resubmit** your information to continue your benefits.

**Visit OregonHealthCare.gov to find FREE
local help from an expert.**

Other languages or formats

Call 855-268-3767 (toll-free) between 8 a.m. and 5 p.m. Monday through Friday to request this information in Español, Русский, Tiếng Việt, 汉语, 漢語. You can also request information in large print or other formats.

Health insurance options for **service members and veterans** in Oregon



Programs are available to help
Oregon veterans get affordable
health coverage and stay
healthy.



440-5112 (8/22)

Visit OregonHealthCare.gov

VA Health Care

va.gov/health-care

Overview

- Health care provided by United States Department of Veterans Affairs (VA) medical facilities.
- May be used in conjunction with other health insurance or as standalone coverage.
- Enrollment can be terminated and reinstated.
- Medical care also available outside of VA system through the Veteran's Choice Program.

Eligibility

- Available to those who were separated under any condition other than dishonorable from active military service after at least two years, and those reservists who completed the full period for which they were called or ordered to active duty.
- Veterans can apply for VA health care at any time by visiting va.gov/healthbenefits/enroll, calling **877-222-VETS (8387)**, visiting a local VA health care facility, or making an appointment to see a County Veteran Service Office at go.usa.gov/xmfvd.

Cost

- There are no monthly premiums. However, depending on which priority a veteran is assigned, a veteran could be billed co-pays. See rates on the VA website.
- In order for the VA to determine a priority group, veterans must complete a financial means assessment when applying to determine if they are eligible for free or reduced-cost care. Service-connected conditions are treated free of charge.

The VA also provides health insurance coverage through CHAMPVA: go.usa.gov/xNM2C. This can be stand alone coverage or used with other insurance and has no annual fees or monthly premiums.



Tricare

tricare.mil

Overview

- Health insurance provided by the Department of Defense for active duty personnel.
- Not connected to VA medical facilities.
- Three tiers of coverage: Standard, Extra, or Prime.

Eligibility

- Available to active-duty service members, military retirees (completed 20 years of service), and their dependents.
- Must be enrolled in the Defense Enrollment Eligibility Reporting System (DEERS).

Cost

- Monthly premiums vary based on veteran's military status.
- Standard and Extra plans have deductibles and no annual fees; Prime plan has an annual fee and no deductibles.

Get free, local help

OregonHealthCare.gov

855-268-3767 (toll-free)

8 a.m. to 5 p.m. Monday through Friday

- Find a local insurance agent or community organization that can help you for free in your preferred language

The Marketplace

HealthCare.gov

Overview

- All plans meet a standard of essential health benefits and have no lifetime or annual coverage caps.
- Apply and enroll in health insurance online at HealthCare.gov or by calling **800-318-2596 (toll-free)**.

Eligibility

- All U.S. citizens and people with a current immigration status (except DACA) are eligible to purchase coverage.
- Plans cover adults and children.
- Enroll during open enrollment or with special enrollment period, which is a 60-day window that can be triggered by certain life events. These include separation from active duty, getting married, having a baby, or losing other health insurance coverage.

Cost

- Pricing of plan tiers (Platinum, Gold, Silver, Bronze) is based on the level of out-of-pocket costs for the consumer.
- Based on income, subsidies may be available as a tax credit or reduced monthly premiums, as well as cost sharing to help reduce out-of-pocket medical costs.
- No financial help is available through HealthCare.gov if enrolled in VA health coverage as this meets the minimum standard for health care coverage.

Kadeloñ etam, kōkkāāl, ak jañiji injurán in taktō ko ilo **HealthCare.gov**

Ejellok ke am injuran in taktō?

Kim bed ijin ñan jibañ kwe.

- Bōk melele kin ta injuran eo emaron emmontata im diktata wonnen ñan kwe.
- Lale ñe kwōmaron ebōk jibañ kin jāān ñan am kollaiki injuran eo am.

Kwar ke wia am injuran in taktō iiō eo lok?
len bar kōkkāāl ak jañiji injuran ko.

Etale injuran eo am. Lale ta oktak ko ilo
injurán ko kwōmaron bōki.

- aiku j ko am ikijen jibañ in taktō remaron oktak.
- Kajojo iiō, rej lelok injuran ko rekāāl, jibañ ko remaron oktak, im jet injuran ko rejab wōnmaanlok.
- Oktak ko ilo kolla im joñan armij ro ilo juon baamle emaron jañiji jibañ in jāān eo am.
- Lale elañe enaj kaju bar deloñ etam ilo injuran eo am. Kwōmaron aiku j bar lelok melele ko am ñan an wōnmaanlok jibañ ko am.

Lale OregonHealthCare.gov ñan kabōk jibañ eo EJELLOK WONNEN ilo jukjukinbed eo am jen juon rijerbal eo ewōr an kapeel in melele kin jermal kein.

Kajin ak wāween ko jet

Kall ae lok 855-268-3767 (ejellok wonnen) ikōtaan 8 awa jibbon im 5 awa jota. Mande ñan Bolaide ñan kajjitoke melele in ilo kajin Español, Русский, Tiếng Việt, 汉语, 漢語. Kwōmaron bar kajjitok melele ilo jeje ko relab ak wāween ko jet.

Injuran in taktō ko **ritarinae im veteran ro** ro remaron kōjerbal ilo Oregon



Burokraam ko ewōr ñan jibañ
veteran ro ilo Oregon bōk
injurán in taktō ko edik
wonnen im kejbarok ejmour.



440-5112 (8/22)

Visit OregonHealthCare.gov

Jibañ in Taktō ibben VA

va.gov/health-care

Melele

- Jibañ in taktō ko rej lelok jen jikin taktō ko an Ra eo ej bōk eddoin Veteran (Department of Veterans Affairs, VA).
- Emaron jermal koba ibben bar juon injuran in taktō ak juon injuran eo ej make lok.
- Deloñ in āt emaron bōjrak ak bar jinoe.
- Ebar wōr jibañ in taktō ilo bar juon jikin ejab bed iloan jikin jermal eo an VA ilo Veteran's Choice Program (Burokraam in Kelet eo an Veteran).

Maron Tōbrak

- Ewōr ñan jabdewōt eo ekkar bōjrak an jermal kin kin jabdewōt wāween jen an kar bōjrak an ritarine kin juon bōd ear kōmmane jab diklok jen ruo iio, im reservist ro rekhar kadedelok aoleben ien eo emōj kar kūr ak kakien bwe ren active duty.
- Veteran ro remaron kateruru ñan jibañ in taktō eo ibben VA ilo jabdewōt ien ilo aer lale va.gov/healthbenefits/enroll, kall ae lok **877-222-VETS (8387)**, etal ñan juon jikin taktō an VA ilo jukjukinbed, ak kōmmane juon ien aer etal im kenono ibben Opij eo ej Lale Jibañ ko an Veteran ilo Bukon ilo go.usa.gov/xmfvd.

Wonnen

- Ejellok wonnen ko aoleb allōñ. Bōtab, ekkar ñan joñan aurok eo emōj lelok ñan juon veteran, juon veteran emaron loe jejjetin wonnen ko ej aikuj kollaiki. Lale joñan wonnen ko ilo website eo an VA.
- Ñan an VA eo maron lale juon kumi eo rej kaurok, veteran ro rej aikuj kadedelok juon etale kin jāān ko ilo ien aer kateruru ñan lale elañe remaron tōbrak ñan jibañ eo ejellok ak edik wonnen. Wāween ko rej lewaj jermal in jibañ rej watōke ejellok wonnen.

The VA also provides health insurance coverage through CHAMPVA: go.usa.gov/xNM2C. Mennin emaron juon injuran ej make ian ak ej jermal ibben injuran eo juon im ejellok wonnen ko aoleb iio ak wonnen aoleb allōñ.



Tricare

tricare.mil

Melele

- Injuran in taktō eo jen Department of Defense (Ra eo ej bōk eddoin Ritarine) ñan ritarine ro rej active duty.
- Ejab kobalok ñan jikin taktō ko an VA.
- Jilu laajrak ko an injuran: Standard, Extra, ak Prime.

Maron Tōbrak

- Ewōr ñan ritarine ro rej active-duty, military retiree ro (rar kadedelok 20 iio in aer jermal), im armij ro rej bōk eddoier.
- Aikuj deloñ ettar ilo Kein Jermal eo ej Ripoot kin Et ko Retōbrak ilo Jermal in Jibañ ko an Ritarinae (Defense Enrollment Eligibility Reporting System, DEERS).

Wonnen

- Oktak joñan wonnen ko aoleb allōñ ekkar ñan joñan ritarine eo ilo jikin jermal.
- Ewōr jejjetin wonnen ko rej aikuj kolla wonnen mokta jen an injuran kolla ilo injuran ko an Standard im Extra im ejellok wonnen ko aoleb iio; Injuran eo an Prime ewōr juon wonnen eo aoleb iio im ejellok jejjetin wonnen ko rej aikuj kolla mokta jen an injuran eo kolla.

Ebōk jibañ eo ejellok wonnen ilo jukjukinbed

OregonHealthCare.gov

855-268-3767 (ejellok wonnen)

8 awa jibbon ñan 5 awa jota Mande ñan Bolaide

- Bukōt juon rikōmadmōd injuran ilo jukjukinbed ak doulul ilo jukjukinbed eo emaron jibañ kwe ilo an ejellok wonnen ilo kajin eo am

Marketplace eo

HealthCare.gov

Melele

- Aoleb injuran ko rej kōtōbrak juon joñan aikuj in jibañ ko aurok ikijen taktō im ejellok joñan jemlok ko iomwin mour eo an juon armij ak injuran eo aoleb iio.
- Kateruru im kadeloñ et online ilo **HealthCare.gov** ak ilo am kall ae lok **800-318-2596** (ejellok wonnen).

Maron Tōbrak

- Aoleb citizen in U.S. im armij ro ewōr joñan immigration eo aer ilo ien in (ijellokun DACA) remaron tōbrak in wia injuran.
- Injuran eo ej kolla wonnen rūtto im ajiri.
- Kadeloñ et ilo ien kadeloñ et eo ak kin ien kadeloñ eo ejenolak, im ej juon ien iomwin 60 raan im emaron walok jen jet makūtkūt ko ilo mour. Wāween kein ekoba an ritarinae bōjrak aer jermal active duty, marre, wōr nejeir niñniñ, ak luuji injuran in taktō eo juon.

Wonnen

- Wonnen laajrakin injuran ko (Platinum, Gold, Silver, Bronze) ekkar ñan wonnen ko armij eo ej kōjerbale im ej make kollaiki.
- Ekkar ñan joñan kolla, emaron wōr jibañ ko einwōt juon kredit in eowoj ak diklok wonne ko aoleb allōñ, im bareinwōt wonnen ko aoleb rej jimor kollaiki ñan jibañ wonnen taktō ko armij rej aikuj make kollaiki.
- Ejellok jibañ in jāān jen ibben **HealthCare.gov** elañe edeloñ etam ilo juon injuran in taktō an VA bwe mennin enaj kōtōbrak joñan aikuj eo ediktata ñan injuran in taktō.