

Sign up, renew, or change health plans at **HealthCare.gov**

Don't have health insurance? We are here to help.

- Learn about what plan might be **best and most affordable** for you.
- See if you can get **financial help** to pay for your plan.

Did you buy health insurance last year? It is time to renew or change plans. Review your plan. Compare your options.

- Your **health care needs can change**.
- **Each year, new plans are offered, benefits can change**, and some plans are discontinued.
- Changes in income and family size can affect your **financial assistance**.
- Check to see if you will be automatically **re-enrolled** in your plan. You may need to **resubmit** your information to continue your benefits.

Visit OregonHealthCare.gov to find free local help from an expert.

Other languages or formats

Call 1-855-268-3767 (toll-free) from 8 a.m. to 5 p.m. Monday through Friday to request this information in Español, Русский, Tiếng Việt, 汉语, 漢語. You can also request information in large print or other formats.

How to get health insurance in **Oregon**



Visit OregonHealthCare.gov to find free local help from an expert.

Enroll **Nov. 1 to Jan. 15.**



440-5050 (9/22)

Visit OregonHealthCare.gov



Q: Can I get help to pay for health insurance?

A: Yes. Last year, more than seven out of 10 people in Oregon who bought insurance on HealthCare.gov got help paying for coverage. Find out how much you can save at [OregonHealthCare.gov/WindowShop](https://www.oregonhealthcare.gov/WindowShop).

Q: Do I really need health insurance? I never get sick.

A: Health insurance helps you stay healthy and avoid costly medical bills. If you have an accident and need surgery without insurance, you may pay \$40,000 or more. Health plans offered through HealthCare.gov include some preventive services at no cost.

Q: How do I find the best plan?

A: Here are the most important things to consider:

- Think about the type of care you need.
- Think about any doctors or hospitals

you want to keep visiting, as well as any prescriptions you need covered.

- Think about how much you can spend, and look for plans that fit your budget. Consider the monthly payment, deductibles, and co-pays.

Q: This is confusing. Can someone help me?

A: Local community organizations and insurance agents can help you find the health insurance plan that is best for you. Their help is free. Visit [OregonHealthCare.gov](https://www.oregonhealthcare.gov) or call 855-268-3767 (toll-free) to find someone near you.

Oregon Health Plan (Medicaid)

The Oregon Health Plan (OHP) is free health coverage offered by the State of Oregon. It is available for lower-income families, children, pregnant women, single adults, and seniors who qualify. You also may qualify based on age or disability status.

You can apply for OHP any time of the year. To apply, go to ohp.oregon.gov, or contact a community partner near you. Find a community partner listed at [OregonHealthCare.gov/GetHelp](https://www.oregonhealthcare.gov/GetHelp).

**Sign up, renew, or change plans
HealthCare.gov**

800-318-2596 (toll-free)
(TTY: 855-889-4325) 24 hours a day

Get free local help.

OregonHealthCare.gov

855-268-3767 (toll-free) between 8 a.m. and 5 p.m. Monday through Friday

- Find a local insurance agent or community organization that can help you for free.
- Get free help in your language.

**DON'T MISS THESE
IMPORTANT DATES**

NOV. 1

First day to sign up, renew, or change plans.

JAN. 15

Last day to sign up, renew, or change plans. If you don't sign up, you could go a year without insurance.

請至 **HealthCare.gov**
網站登記，續購，
或是變更健康計畫。

沒有健康保險嗎？我們可以協助您。

- 了解您最適合且最負擔得起哪一項計畫。
- 查看您是否可以得到繳交保費的財務協助。

去年您有購買健康保險嗎？現在正是續購或是變更計畫的時機。重新審閱您的計畫。比較您的選擇。

- 您的健康計畫需求可能有所改變。
- 每一年都會提供新計畫，福利可能會改變，而有些計畫會中止。
- 家庭人口數和收入的變化會影響您的財務補助。
- 查詢您是否將會自動投保您的計畫。如欲繼續享有福利，您可能需要重新提交您的資訊。

造訪 **OregonHealthCare.gov** 網站免費獲取當地專家提供的服務

其他語言或格式

週一到週五早上 8 點到下午 5 點可撥打 1-855-268-3767 (免付費專線) 索取 Español, Русский, Tiếng Việt, 汉语, 漢語的相關資訊。您也可以索取大字版或其他格式的資訊。

如何在**奧勒岡州**
取得醫療保險



造訪 **OregonHealthCare.gov**
網站免費獲取當地專家提供的服務。

11月1日至1月15日投保。



440-5050 (2022 年九月)

Visit **OregonHealthCare.gov**



問：是否可以協助我支付健康保險的費用？

答：是的。去年在奧勒岡州，有超過七成的人在HealthCare.gov 網站購買保險並得到保費補助。

請造訪 [OregonHealthCare.gov/WindowShop](https://www.OregonHealthCare.gov/WindowShop) 網站了解您可以省下多少費用。

問：我真的需要健康保險嗎？我從來不生病。

答：健康保險有助您保持健康和避免高額醫療帳單。如果您出了意外必須動手術卻沒有保險，您可能得支付 \$40,000 或更高的費用。透過 HealthCare.gov 網站提供的健康計畫包含一些不需付費的預防服務。

問：我如何找到最適合的計畫？

答：需要考慮的重要因素如下：

- 考慮您需要哪一類的照護。
- 考慮您經常需要前往哪些醫生處或醫院就診，以及任何您需要承保的處方。
- 考慮您可以負擔的花費，並尋找適合您預算的計畫。考慮月付額，自付額及共付額。

問：這些資訊讓人頭昏腦脹，誰可以幫助我？

答：當地社群組織與保險經紀可以協助您找到最適合的健康保險計畫。他們免費提供協助。請造訪 [OregonHealthCare.gov](https://www.OregonHealthCare.gov) 網站或撥打 855-268-3767 (免付費專線) 找到您鄰近地區的協助資源。

奧勒岡健康計畫 (OHP, Medicaid)

奧勒岡健康計畫 (OHP) 是由奧勒岡州免費提供的健康保險。提供給低收入家庭，孩童，孕婦，單身成人及符合資格的老年人。您也可能因為年齡或身心障礙狀態而符合資格。

您在一年當中隨時都可以申請奧勒岡健康計畫 (OHP)。如欲申請，請造訪 [ohp.oregon.gov](https://www.ohp.oregon.gov) 網站，或聯絡鄰近的社群合作夥伴。請造訪 [OregonHealthCare.gov/GetHelp](https://www.OregonHealthCare.gov/GetHelp) 網站找到社群合作夥伴清單。

投保，續購或是變更計畫。

請造訪 [HealthCare.gov](https://www.HealthCare.gov) 網站或撥打 800-318-2596 (免付費專線) (TTY: 855-889-4325) 24小時全日提供服務
免費獲取當地服務

OregonHealthCare.gov

週一到週五早上 8 點到下午 5 點可撥打 855-268-3767 (免付費專線)

- 尋找可以免費協助您的當地保險經紀或社群組織。
- 以您慣用的語言免費獲取協助。

不要錯過 這些重要日期

11月1日

投保，續購或是變更計畫的第一天。

1月15日

投保、續購或是變更計畫的最後一天。如果您沒有投保，您會有一年的時間沒有保險。