

Plan F (1990 Plans)

Company	Effective Date	Type	Plan F		Plan F Innovative	
			Average Approved Percentage*	# of Members	Average Approved Percentage*	# of Members
American Family Life Assurance Co. of Columbus (AFLAC)	6/1/2018	Individual	3.5%	5		
American Family Life Assurance Co. of Columbus (AFLAC)	4/6/2017	Individual	9%	5		
American Family Life Assurance Co. of Columbus (AFLAC)	10/1/2015	Individual	5%	9		
American Family Mutual Ins. Co.,SI	6/1/2018	Individual	8%	28		
American Family Mutual Ins. Co.,SI	5/1/2017	Individual	9%	34		
American Family Mutual Ins. Co.,SI	4/1/2016	Individual	3%	42		
American Republic Insurance Company	1/1/2019	Individual	4.5%	128		
American Republic Insurance Company	1/1/2018	Individual	5%	165		
American Republic Insurance Company	1/1/2017	Individual	5%	215		
American Republic Insurance Company	1/1/2019	Group	4%	233		
American Republic Insurance Company	1/1/2018	Group	3%	279		
American Republic Insurance Company	1/1/2017	Group	3.9%	332		
Assured Life Association	6/1/2018	Individual	9.5%	22		
Assured Life Association	6/1/2017	Individual	9%	32		
Assured Life Association	6/1/2016	Individual	6%	43		
Bankers Fidelity Life Insurance Company	12/1/2018	Individual	11%	13		
Bankers Fidelity Life Insurance Company	7/25/2017	Individual	6%	13		
Bankers Fidelity Life Insurance Company	4/13/2016	Individual	6%	14		

**This represents an average rate change.*

Please contact the company for your specific rate change.

Plan F (1990 Plans)

			Plan F		Plan F Innovative	
Company	Effective Date	Type	Average Approved Percentage*	# of Members	Average Approved Percentage*	# of Members
Bankers Life and Casualty Company	1/1/2019	Individual	0%	172		
Bankers Life and Casualty Company	1/1/2018	Individual	0%	205		
Bankers Life and Casualty Company	1/1/2017	Individual	0%	264		
Bankers Life and Casualty Company	2/1/2019	Group	6%	1		
Bankers Life and Casualty Company	1/1/2018	Group	4%	1		
Bankers Life and Casualty Company	1/1/2017	Group	5%	1		
Central Reserve Life Insurance Co.	1/31/2018	Individual	0%	2		
Central Reserve Life Insurance Co.	1/131/17	Individual	0%	2		
Central Reserve Life Insurance Co.	1/31/2016	Individual	0%	2		
Colonial Penn Life Insurance Company	8/1/2018	Individual	0%	5		
Colonial Penn Life Insurance Company	3/21/2017	Individual	0%	7		
Colonial Penn Life Insurance Company	4/11/2016	Individual	0%	8		
Combined Insurance Co. of America	3/1/2018	Individual	5%	15		
Combined Insurance Co. of America	11/17/2017	Individual	5.5%	18		
Combined Insurance Co. of America	1/1/2016	Individual	0%	20		
Continental General Insurance Company	6/1/2018	Individual	8%	9		
Continental General Insurance Company	3/1/2017	Individual	0%	10		
Continental General Insurance Company	11/1/2015	Individual	0%	16		
Continental General Insurance Company	6/1/2018	Individual	7%	1		
Continental General Insurance Company	4/1/2016	Individual	0%	2		
Continental General Insurance Company	3/7/2016	Individual	0%	2		

**This represents an average rate change.*

Please contact the company for your specific rate change.

Plan F (1990 Plans)

			Plan F		Plan F Innovative	
Company	Effective Date	Type	Average Approved Percentage*	# of Members	Average Approved Percentage*	# of Members
Equitable Life & Casualty Insurance Co.	4/1/2018	Individual	9%	123		
Equitable Life & Casualty Insurance Co.	2/8/2017	Individual	9%	145		
Equitable Life & Casualty Insurance Co.	2/1/2016	Individual	0%	160		
Everence Association, Inc.	4/1/2018	Individual	2.3%	26		
Everence Association, Inc.	4/1/2017	Individual	2.5%	29		
Everence Association, Inc.	4/1/2016	Individual	4%	30		
Family Life Insurance Company	3/1/2019	Individual	5%	26		
Family Life Insurance Company	3/1/2018	Individual	8%	38		
Family Life Insurance Company	3/1/2017	Individual	6%	46		
Genworth Life & Annuity Insurance Co.	5/1/2018	Individual	9%	43		
Genworth Life & Annuity Insurance Co.	5/1/2017	Individual	6%	58		
Genworth Life & Annuity Insurance Co.	5/1/2016	Individual	9%	78		
Genworth Life & Annuity Insurance Co.	6/1/2018	Individual	0%	6		
Genworth Life & Annuity Insurance Co.	6/1/2017	Individual	0%	8		
Genworth Life & Annuity Insurance Co.	2/10/2016	Individual	0%	8		
Globe Life and Accident Insurance Co.	3/1/2018	Individual	10%	17		
Globe Life and Accident Insurance Co.	3/1/2017	Individual	6%	20		
Globe Life and Accident Insurance Co.	2/1/2016	Individual	0%	21		
Great American Life Insurance Company	3/7/2018	Individual	8%	5		
Great American Life Insurance Company	3/7/2017	Individual	3.5%	5		
Great American Life Insurance Company	3/7/2016	Individual	5%	9		

**This represents an average rate change.*

Please contact the company for your specific rate change.

Plan F (1990 Plans)

Company	Effective Date	Type	Plan F		Plan F Innovative	
			Average Approved Percentage*	# of Members	Average Approved Percentage*	# of Members
Guarantee Trust Life Insurance Co.	1/1/2019	Individual	5%	8		
Guarantee Trust Life Insurance Co.	11/14/2017	Individual	0%	9		
Guarantee Trust Life Insurance Co.	12/1/2016	Individual	5%	10		
Health Net Health Plan of Oregon, Inc.	1/1/2018	Individual	0%	23		
Health Net Health Plan of Oregon, Inc.	1/1/2017	Individual	0%	25		
Health Net Health Plan of Oregon, Inc.	1/1/2016	Individual	0%	27		
Humana Insurance Company	5/1/2018	Individual	3%	129		
Humana Insurance Company	5/1/2017	Individual	0%	149		
Humana Insurance Company	5/1/2016	Individual	3%	177		
Lincoln Heritage Life Insurance Company	7/17/2018	Individual	0%	2		
Lincoln Heritage Life Insurance Company	3/2/2017	Individual	0%	2		
Lincoln Heritage Life Insurance Company	1/13/2016	Individual	0%	2		
Loyal American Life Insurance Company	6/1/2018	Individual	8.9%	15		
Loyal American Life Insurance Company	2/23/2017	Individual	4.81%	16		
Loyal American Life Insurance Company	2/23/2016	Individual	2.7%	20		
Manhattan Life Insurance Company (The)	2/19/2018	Individual	12%	6,338		
Manhattan Life Insurance Company (The)	2/1/2018	Individual	12%	5,256		
Manhattan Life Insurance Company (The)	1/1/2017	Individual	9%	582		
Medico Insurance Company	5/1/2018	Individual	8%	37		
Medico Insurance Company	5/1/2017	Individual	14.8%	39		
Medico Insurance Company	5/1/2016	Individual	9%	60		

**This represents an average rate change.*

Please contact the company for your specific rate change.

Plan F (1990 Plans)

			Plan F		Plan F Innovative	
Company	Effective Date	Type	Average Approved Percentage*	# of Members	Average Approved Percentage*	# of Members
Medico Insurance Company	4/1/2019	Individual	0%	1		
Medico Insurance Company	4/1/2018	Individual	0%	1		
Medico Insurance Company	4/1/2017	Individual	0%	1		
Mutual of Omaha Insurance Company	8/1/2018	Individual	0%	984		
Mutual of Omaha Insurance Company	8/1/2017	Individual	0%	1,142		
Mutual of Omaha Insurance Company	8/1/2016	Individual	0%	1,318		
Pennsylvania Life Insurance Company	2/19/2019	Individual	3%	11		
Pennsylvania Life Insurance Company	2/19/2018	Individual	6%	16		
Pennsylvania Life Insurance Company	2/19/2017	Individual	7%	25		
Physicians Life Insurance Company	6/1/2018	Individual	6.5%	9		
Physicians Life Insurance Company	6/1/2017	Individual	9%	10		
Physicians Life Insurance Company	6/1/2016	Individual	3%	10		
Physicians Mutual Insurance Company	4/1/2016	Individual	0%	13		
Physicians Mutual Insurance Company	4/1/2015	Individual	0%	37		
Physicians Mutual Insurance Company	4/1/2014	Individual	0%	52		
Principal Life Insurance Company	1/1/2018	Individual	5%	7		
Principal Life Insurance Company	1/1/2017	Individual	6%	8		
Principal Life Insurance Company	2/1/2016	Individual	0%	12		
Provident American Life & Health Ins. Co.	10/1/2018	Individual	7%	28		
Provident American Life & Health Ins. Co.	6/21/2017	Individual	2.3%	36		
Provident American Life & Health Ins. Co.	6/21/2016	Individual	3%	43		

**This represents an average rate change.*

Please contact the company for your specific rate change.

Plan F (1990 Plans)

			Plan F		Plan F Innovative	
Company	Effective Date	Type	Average Approved Percentage*	# of Members	Average Approved Percentage*	# of Members
Pyramid Life Insurance Company	3/6/2019	Individual	0%	56		
Pyramid Life Insurance Company	3/6/2018	Individual	0%	61		
Pyramid Life Insurance Company	3/6/2017	Individual	0%	72		
Regence BlueCross/BlueShield of Oregon	1/1/2019	Individual	4%	2,455		
Regence BlueCross/BlueShield of Oregon	1/1/2018	Individual	1.2%	2,660		
Regence BlueCross/BlueShield of Oregon	1/1/2017	Individual	5.1%	300		
Sentinel Security Life Insurance Company	1/1/2017	Individual	9%	1		
Sentinel Security Life Insurance Company	1/1/2016	Individual	9%	1		
Sentinel Security Life Insurance Company	1/1/2015	Individual	9%	2		
Standard Life & Accident Insurance Co.	10/15/2018	Individual	0%	9		
Standard Life & Accident Insurance Co.	9/15/2017	Individual	0%	10		
Standard Life & Accident Insurance Co.	9/15/2016	Individual	0%	12		
State Farm Mutual Automobile Ins. Co.	1/1/2019	Individual	6%	821		
State Farm Mutual Automobile Ins. Co.	1/1/2018	Individual	6%	870		
State Farm Mutual Automobile Ins. Co.	1/1/2017	Individual	2.6%	940		
State Mutual Insurance Company	7/1/2018	Individual	0%	13		
State Mutual Insurance Company	3/1/2018	Individual	0%	14		
State Mutual Insurance Company	3/1/2017	Individual	0%	19		
State Mutual Insurance Company	7/17/2018	Individual	0%	1		
State Mutual Insurance Company	3/2/2017	Individual	0%	1		
State Mutual Insurance Company	1/14/2016	Individual	0%	1		

**This represents an average rate change.*

Please contact the company for your specific rate change.

Plan F (1990 Plans)

Company	Effective Date	Type	Plan F		Plan F Innovative	
			Average Approved Percentage*	# of Members	Average Approved Percentage*	# of Members
Sterling Investors Life Insurance Company	4/1/2018	Individual	12%	2		
Sterling Investors Life Insurance Company	4/1/2017	Individual	12%	2		
Sterling Investors Life Insurance Company	4/1/2016	Individual	9%	2		
Sterling Life Insurance Company	1/1/2019	Individual	6.2%	3	6.2%	48
Sterling Life Insurance Company	1/1/2018	Individual	9.9%	4	9.9%	63
Sterling Life Insurance Company	1/1/2017	Individual	4%	4	4%	67
Thrivent Financial for Lutherans	3/1/2018	Individual	7%	40		
Thrivent Financial for Lutherans	1/1/2017	Individual	5%	41		
Thrivent Financial for Lutherans	1/1/2016	Individual	0%	42		
Transamerica Life Insurance Company	5/1/2019	Group	6%	13		
Transamerica Life Insurance Company	5/1/2018	Group	4.6%	13		
Transamerica Life Insurance Company	5/1/2017	Group	11.5%	15		
Transamerica Life Insurance Company	8/1/2018	Individual	0%	1		
Transamerica Life Insurance Company	7/1/2017	Individual	0%	1		
Transamerica Life Insurance Company	7/1/2016	Individual	0%	1		
Transamerica Life Insurance Company	7/1/2018	Group	4.5%	35		
Transamerica Life Insurance Company	7/1/2017	Group	9.5%	38		
Transamerica Life Insurance Company	5/1/2016	Group	5.2%	45		
Transamerica Life Insurance Co./ AMA	5/1/2018	Group	2%	3		
Transamerica Life Insurance Co./ AMA	5/1/2017	Group	4.6%	3		
Transamerica Life Insurance Co./ AMA	5/1/2016	Group	15%	3		

**This represents an average rate change.*

Please contact the company for your specific rate change.

Plan F (1990 Plans)

			Plan F		Plan F Innovative	
Company	Effective Date	Type	Average Approved Percentage*	# of Members	Average Approved Percentage*	# of Members
Transamerica Premier Life Insurance Co.	7/1/2018	Group	6%	2		
Transamerica Premier Life Insurance Co.	7/1/2015	Group	0%	1		
Transamerica Premier Life Insurance Co.	4/1/2014	Group	0%	2		
United American Insurance Company	1/1/2019	Individual	2%	111		
United American Insurance Company	1/1/2018	Individual	1%	123		
United American Insurance Company	1/1/2017	Individual	2%	142		
United Commercial Travelers of America	12/1/2018	Individual	5%	184		
United Commercial Travelers of America	12/1/2017	Individual	9%	221		
United Commercial Travelers of America	11/1/2016	Individual	10%	299		
United of Omaha Life Insurance Company	9/1/2018	Individual	5%	866		
United of Omaha Life Insurance Company	8/1/2017	Individual	3%	1,119		
United of Omaha Life Insurance Company	8/1/2016	Individual	10%	1,545		
United World Life Insurance Company	11/1/2018	Individual	7.5%	779		
United World Life Insurance Company	11/1/2017	Individual	3%	941		
United World Life Insurance Company	11/1/2016	Individual	10%	1,166		
UnitedHealthcare Insurance Co./AARP	1/1/2019	Group	7.6%	6,608		
UnitedHealthcare Insurance Co./AARP	1/1/2018	Group	7.4%	7,338		
UnitedHealthcare Insurance Co./AARP	1/1/2017	Group	5.8%	7,927		
USAA Life Insurance Company	6/1/2018	Individual	0%	552		
USAA Life Insurance Company	6/1/2017	Individual	10%	589		
USAA Life Insurance Company	6/1/2016	Individual	10%	622		

**This represents an average rate change.*

Please contact the company for your specific rate change.

Plan F (1990 Plans)

			Plan F		Plan F Innovative	
Company	Effective Date	Type	Average Approved Percentage*	# of Members	Average Approved Percentage*	# of Members
Washington National Insurance Company	8/15/2018	Individual	3%	11		
Washington National Insurance Company	6/1/2017	Individual	2%	10		
Washington National Insurance Company	6/1/2016	Individual	4.5%	10		
Washington National Insurance Company	8/15/2018	Individual	3%	69		
Washington National Insurance Company	6/1/2017	Individual	2%	81		
Washington National Insurance Company	6/1/2016	Individual	4.5%	101		
Washington National Insurance Company	8/15/2018	Individual	3%	14		
Washington National Insurance Company	6/1/2017	Individual	2%	16		
Washington National Insurance Company	6/1/2016	Individual	4.5%	20		

**This represents an average rate change.
Please contact the company for your specific rate change.*