

# The impact of SHIBA

## What is SHIBA?

The Senior Health Insurance Benefits Assistance (SHIBA) program is a program that offers free, objective, and local one-on-one health insurance counseling and assistance to people with Medicare and their families. Certified counselors help people make informed decisions about their health insurance.

SHIBA counselors and volunteers:

- Provide information about Medicare, including what health and prescription drug plans are available.
- Help with Medicare appeals and complaints.
- Educate how to protect, detect, and report Medicare fraud, waste, and abuse.

## What is Medicare?

Medicare is the federal health insurance program for people who are 65 or older, certain younger people with disabilities, and people with end-stage renal disease.

## The parts of Medicare

### Original Medicare

Part A: Hospital coverage



Part B: Medical coverage



Part D: Prescription drug coverage



Medicare supplement coverage (Medigap)



OR

### Medicare Advantage

Part C: Medicare Advantage



Available with or without prescription coverage (Part D)

Secondary insurance can also include:

- Retiree benefits (e.g., PERS)
- COBRA (in some cases)
- Tricare for Life/CHAMP VA
- Medicaid
- IHS (Indian Health Services)

In 2020, there are  
**868,860**  
Oregonians with  
Medicare

County	Enrollment	County	Enrollment
Baker	5,071	Lake	2,252
Benton	17,033	Lane	88,495
Clackamas	85,379	Lincoln	16,611
Clatsop	10,504	Linn	29,567
Columbia	12,023	Malheur	6,243
Coos	20,379	Marion	65,203
Crook	7,091	Morrow	2,189
Curry	9,247	Multnomah	127,596
Deschutes	45,126	Polk	18,277
Douglas	34,086	Sherman	529
Gilliam	547	Tillamook	8,215
Grant	2,286	Umatilla	14,533
Harney	1,991	Union	6,429
Hood River	4,333	Wallowa	2,466
Jackson	57,215	Wasco	6,411
Jefferson	5,441	Washington	89,755
Josephine	26,614	Wheeler	492
Klamath	17,673	Yamhill	21,528

## SHIBA by the numbers\*

**184**  
active  
volunteers

**31**  
grantee  
sites

**6**  
state staff

**23,530**  
volunteer  
hours

**20,200**  
one-on-one  
counseling  
sessions

**755**  
outreach and  
education  
events