

生活就是這樣。 讓我們為您提供 保障。

相信我們能幫助您找到最適合您的健康需求、預算和位置的計劃。



Oregon Health Plan (OHP)

俄勒岡州健康計劃升級版 (Oregon Health Plan, 簡稱“OHP”) 可供低收入的兒童和成人選擇，無論其移民身分狀態如何。保險是免費的，包括心理健康、常規牙科和身體健康。



OHP Bridge

俄勒岡州健康計劃橋樑 (Oregon Health Plan Bridge, 簡稱“OHP Bridge”) 現在可供收入高於俄勒岡州健康計劃升級版 (OHP) 的收入限制的成人選擇。保險是免費的，內容與俄勒岡州健康計劃升級版 (OHP) 類似。



市場健康保險

醫療保險市場 (Marketplace) 的健康保險可供選擇 - 通常可以獲得經濟援助。您的費用取決於您的收入、年齡、居住地和您選擇的計劃。

請造訪網站 OregonHealthCare.gov 查看您可以獲得哪些保險。

無論哪個保險選項適合你，您都可以放心，它將在您需要時為您提供保障。透過俄勒岡州健康計劃升級版 (OHP)、俄勒岡州健康計劃橋樑 (OHP Bridge) 和醫療保險市場 (Marketplace) 提供的所有保險計劃均涵蓋以下內容：

- 免疫接種
- 健康檢查及預防性護理
- 產婦和新生兒護理
- 心理健康照護與藥物濫用治療
- 處方藥保險
- 生殖健康服務

透過俄勒岡州健康計劃升級版 (OHP) 和俄勒岡州健康計劃橋樑 (OHP Bridge) 提供的所有護理都是免費的。醫療保險市場 (Marketplace) 的計劃可能要承擔部分費用。



提供免費的本地幫助。

想要幫忙來開始和申請保險？不確定如何申請或哪個計劃最適合您？

您附近的健康保險專家可為您提供本地幫助 - 而且所有幫助都是免費的！請造訪網站 OregonHealthCare.gov 尋找一個當地專家。

參加 2025 年 11 月 1 日至 2026 年 1 月 15 日的 2026 年市場保險，或在重大生活變化後 60 天內參加。



**OREGON
HEALTHCARE.GOV**
☎ 855-268-3767 (toll-free)

Life happens. Let's get you covered.

Count on us to help you find the best plan for your health needs, budget and location.



Oregon Health Plan (OHP)

OHP is available to low income kids and adults regardless of immigration status. Coverage is free and includes mental health, routine dental, and physical health.



OHP Bridge

OHP Bridge is available to adults with income above OHP Plus income limits. Coverage is free and similar to OHP Plus.



Marketplace Health Coverage

Marketplace health coverage is available - often with financial help. Your cost depends on your income, age, where you live, and the plan you choose.

**See what coverage you can get at
OregonHealthCare.gov.**

No matter what coverage option is available to you, you can count on coverage that will be there when you need it. All plans available through OHP Plus, OHP Bridge, and the Marketplace cover:

- Immunizations
- Wellness check-ups and preventive care
- Maternity and newborn care
- Mental health care and substance abuse treatment
- Prescription drug coverage
- Reproductive health services

All care through OHP Plus and OHP Bridge is free. Cost sharing may apply to Marketplace plans.



Free local help is available.

Want help getting started and applying for coverage? Not sure how to apply or what plan is best for you?

Local help is available from health coverage experts near you - and all help is free! **Find a local expert at OregonHealthCare.gov.**

**Enroll Nov. 1, 2025
– Jan. 15, 2026 for
2026 Marketplace
coverage — or within
60 days of a major
life change.**

