

Lub neej tshwm sim. Cia wb mus saib koj.

Suav rau peb los pab koj nrhiav txoj kev npaj zoo tshaj plaws rau koj cov kev xav tau kev noj qab haus huv, pob nyiaj siv thiab qhov chaw.



Oregon Health Plan (OHP)

OHP muaj pab rau cov me nyuam yaus thiab cov neeg laus uas muaj qhov nyiaj khwv tau los tsawg tsis hais yuav yog rau fab twg ntawm txheej xwm kev nkag teb chaws. Kev pab them nqi dauv roos rau yog muaj pab dawb thiab muaj xam nrog rau kev noj qab haus huv ntsig txog kev puas siab puas ntsws, kev kho hniav mus tas li, thiab kev noj qab haus huv ntawm lub cev.



OHP Bridge

OHP Bridge tam sim no muaj pab rau cov neeg laus uas muaj qhov nyiaj khwv tau los siab tshaj cov ciaj ciam ntawm qhov nyiaj khwv tau los hauv OHP. Kev pab them nqi duav roos rau muaj pab dawb thiab zoo sib thoog nkaus li OHP.



Marketplace Health Coverage

Marketplace qhov kev pab them nqi duav roos fab kev noj qab haus huv muaj lawm - feem ntau yog muaj nrog kev pab fab nyiaj txiag. Koj qhov nqi nws nyob ntawm seb koj qhov nyiaj khwv tau los, hnuv nyoog, qhov chaw uas koj nyob, thiab qhov phiaj xwm kev npaj tuav pov hwm uas koj xaiv ntawd nws zoo li cas.



Muaj kev pab dawb rau lub zej zos.

Puas xav tau kev pab txog kev pib ua thiab kev ua ntawv thov rau kev pab them nqi duav roos? Tsis paub tseeb tias yuav siv tau li cas los sis qhov phiaj xwm kev npaj tuav pov hwm kev kho mob twg uas zoo tshaj plaws rau koj puas yog?

Kev pab rau lub zej zos yog muaj pab los ntawm cov kws kho mob uas paub zoo rau tej suam uas muaj kev pab them nqi duav roos rau fab kev noj qab haus huv uas nyob ze rau ntawm koj - thiab tag nrho txhua yam kev pab ntawd yog pab dawb xwb!

Tshawb nrhiav ib tus kws kho mob uas paub zoo rau tej suam hauv lub zej zos nyob rau ntawm OregonHealthCare.gov.

Mus saib yam kev pab them nqi duav roos uas koj muaj peev xwm tau txais nyob rau ntawm OregonHealthCare.gov.

Tab txawm qhov kev xaiv txog kev pab them nqi duav roos uas muaj rau koj ntawd yog dab tsi los xij, koj muaj peev xwm suav xam nrog rau qhov kev pab them nqi duav roos uas yuav muaj nyob rau ntawd thaum koj xav tau nws. Tag nrho txhua cov phiaj xwm kev npaj tuav pov hwm kev kho mob muaj nyob rau ntawm OHP, OHP Bridge, thiab Marketplace pab them nqi rau duav roos rau:

- Cov kev txhaj tshuaj tiv thaiv kab mob
 - Cov kev kuaj xyuas kev noj qab nyab xeeb thiab kev saib xyuas kho mob rau fab kev tiv thaiv kab mob
 - Kev saib xyuas kev yug me nyuam thiab kev saib xyuas tus me nyuam mos yug tshiab
 - Kev saib xyuas kho mob rau fab kev noj qab haus huv ntsig txog kev puas siab puas ntsws thiab kev kho mob ntsig txog kev ua phem los ntawm kev quav yeeb quav tshuaj
 - Kev pab them nqi duav roos rau cov tshuaj uas muaj nyob rau hauv daim ntawv sau yuav tshuaj
 - Cov kev pab cuam ntsig txog kev noj qab haus huv fab kev tsim noob neeg
- Tag nrho txhua cov kev saib xyuas kho mob los ntawm OHP thiab OHP Bridge yog muaj pab dawb. Kev sib pab them nqi kho mob tej zaum yuav siv rau cov phiaj xwm kev npaj tuav pov hwm kev kho mob ntawm Marketplace.

Sau npe rau lub Kaum Ib Hlis 1, 2025 - Lub Ib Hlis Ntuj Tim 15, 2026 rau 2026 Marketplace kev pab them nqi - lossis nyob rau hauv 60 hnuv ntawm lub neej hloov loj.



**OREGON
HEALTHCARE.GOV**
855-268-3767 (toll-free)

Life happens. Let's get you covered.

Count on us to help you find the best plan for your health needs, budget and location.



Oregon Health Plan (OHP)

OHP is available to low income kids and adults regardless of immigration status. Coverage is free and includes mental health, routine dental, and physical health.



OHP Bridge

OHP Bridge is available to adults with income above OHP Plus income limits. Coverage is free and similar to OHP Plus.



Marketplace Health Coverage

Marketplace health coverage is available - often with financial help. Your cost depends on your income, age, where you live, and the plan you choose.

**See what coverage you can get at
OregonHealthCare.gov.**

No matter what coverage option is available to you, you can count on coverage that will be there when you need it. All plans available through OHP Plus, OHP Bridge, and the Marketplace cover:

- Immunizations
- Wellness check-ups and preventive care
- Maternity and newborn care
- Mental health care and substance abuse treatment
- Prescription drug coverage
- Reproductive health services

All care through OHP Plus and OHP Bridge is free. Cost sharing may apply to Marketplace plans.



Free local help is available.

Want help getting started and applying for coverage? Not sure how to apply or what plan is best for you?

Local help is available from health coverage experts near you - and all help is free! **Find a local expert at OregonHealthCare.gov.**

**Enroll Nov. 1, 2025
– Jan. 15, 2026 for
2026 Marketplace
coverage — or within
60 days of a major
life change.**

