There's a **health** coverage option for you!







Find coverage for you and your family.

- Oregon Health Plan (OHP)
 Plus is available to low income kids and adults regardless of immigration status. Coverage is free and includes mental health, routine dental, and physical health.
- OHP Bridge is now available to adults with income above OHP Plus income limits. Coverage is free and similar to OHP Plus.
- Marketplace health coverage is available often with financial help. Your cost depends on your income, age, where you live, and the plan you choose.

See what coverage you can get at OregonHealthCare.gov.

Coverage you can count on.

No matter what coverage option is available to you, you can count on coverage that will be there when you need it. All plans available through OHP Plus, OHP Bridge, and the Marketplace cover:

- Immunizations
- Wellness check-ups and preventive care
- Maternity and newborn care
- Mental health care and substance abuse treatment
- Prescription drug coverage
- Reproductive health services
 All care through OHP Plus and
 OHP Bridge is free. Cost sharing
 may apply to Marketplace plans.

Free local help is available.

Want help getting started and applying for coverage? Not sure how to apply or what plan is best for you?

Local help is available from health coverage experts near you - and all help is free!

Find a local expert at OregonHealthCare.gov.

Contact us

OregonHealthCare.gov || info.marketplace@oha.oregon.gov 855-268-3767 (all relay calls accepted)

39 ሽት ኩም ዝሽውን **ናይ ጥዕና ሽፋን** አማራጲ 201







ንዓኾምን ንስድራቤትኩምን ሽፋን

- Oregon Health Plan (OHP) ዓበይትን ኩነታት ኢሚባሬሽን ብዘየንድስ ይርከብ። ሽፋን ብነጻ ኮይኑ፣ ጥዕና ኣሕምሮ፣ ስሩዕ ሕክምና ስኒን አካሳዊ ጥዕናን Hጠቓልል እዩ።
- ሕጂ OHP Bridge ልዕሊ ደረት እቶት OHP Plus ኣታዊ ዘለዎም ዓበይቲ ሰባት ይቐርብ። ሽፋን ነጻ ኮይኑ ምስ OHP Plus ዝመሳሰል እዩ።
- **ሽፋን ጥዕና ዕዳ***ጋ* **ኣሎ** -መብዛሕትኡ *ግዜ ምስ ገ*ንዘባዊ ሓንዝ። ወጻኢታትኩም ኣብ ኣታዊኹም፣ ዕድመዥም፣ ትነብሩሱ ቦታን ዝመረጽኩም ውጥንን ይምርኮስ።

ትብ OregonHealthCare.gov እንታይ ዓይነት ሸፋን ክትረኽቡ ከም **እትኽእ**ሉ ርኣዩ።

ክትተአ*ማመኑ*ሉ እትኽእሉ ሸፋን።

*እ*ንታይ ዓይነት ናይ ሸፋን ኣማራጺ ይሃልሹም ብዘየንድስ፣ ኣብ ዘድልየኩም እዋን ዝ*ህ*ሱ ሸፋን ክትጽበዩ ትኽእሱ Plus, OHP Bridge, ከምኡ ውን Marketplace cover ዝረኽብዎም ውጥናት:-

- ክታበት
- •መርመራታት ጥዕናን ናይ ምክልኻል ክንክንን
- ክንክን ወሊድን ሓደስቲ ህጻናትን
- ክንክን ጥዕና ኣሕምሮን ሕክምና ምኅቃም ሓሺሽን
- ሽፋን ብሓኪም ዝተኣዘዘ መድሃኒት
- አንልግሎት ናይ ስነ ተዋልዶ ጥዕና ኩሉ ብመንገዲ OHP Plusን OHP Bridgeን ዝወሃብ ክንክን ብነጻ እዩ። ምክፍፋል ወጻኢታት ኣብ ውጥናት Marketplace ክምልከት ይኽእል።

ነጻ ናይ ከባቢ ሓንዝ **ኣ**ሎ።

ንሸፋን *ንምጅማርን ንምም*ልካትን ሓንዝ ትደልዩ? ከመይ ጌርኩም ከተመልክቱ ንዓኻትኩም ዝበለጸ *ምዃኑ ርግ*ጸኛታት **አይ**ኮንኩምን? ናይ ከባቢ ሓንዝ ካብቶም ኣብ ጥቓኻ

ዘለዉ ክኢላታት ሽፋን ጥዕና ይርከብ -ኩሉ ሓንዝ ድማ ብነጻ እዩ!

ኣብ OregonHealthCare.gov ናይ ከባቢኾም ክኢላ ርኸቡ።