

# There's a **health coverage** option for you!



**OREGON HEALTHCARE.gov**

☎ 855-268-3767 (toll-free)



## Find coverage for you and your family.

- **Oregon Health Plan (OHP) Plus** is available to low income kids and adults regardless of immigration status. Coverage is free and includes mental health, routine dental, and physical health.
- **OHP Bridge** is now available to adults with income above OHP Plus income limits. Coverage is free and similar to OHP Plus.
- **Marketplace health coverage** is available - often with financial help. Your cost depends on your income, age, where you live, and the plan you choose.

See what coverage you can get at [OregonHealthCare.gov](https://OregonHealthCare.gov).

## Coverage you can count on.

No matter what coverage option is available to you, you can count on coverage that will be there when you need it. All plans available through OHP Plus, OHP Bridge, and the Marketplace cover:

- Immunizations
- Wellness check-ups and preventive care
- Maternity and newborn care
- Mental health care and substance abuse treatment
- Prescription drug coverage
- Reproductive health services

All care through OHP Plus and OHP Bridge is free. Cost sharing may apply to Marketplace plans.

## Free local help is available.

Want help getting started and applying for coverage? Not sure how to apply or what plan is best for you?

Local help is available from health coverage experts near you - and all help is free!

**Find a local expert at [OregonHealthCare.gov](https://OregonHealthCare.gov).**

**Contact us**

[OregonHealthCare.gov](https://OregonHealthCare.gov) || [info.marketplace@oha.oregon.gov](mailto:info.marketplace@oha.oregon.gov)  
855-268-3767 (all relay calls accepted)

# Ngar er ngii a techellem el ngiltii a **insurance** er a ukeruul er kau!



## Msikii a insurance er kau me a telungalek er kau.

- A obis er a **Oregon Health Plan (OHP) Plus** a techall el mo er a rengelekir a rengariou a kerrekerengir me a remeklou el chad el diak lultuil el kmo te chad er ker. A insurance a tada e uldimukl er a ukeruul er a uldasu, uingel, me a bedenged.
- A obis er a **OHP Bridge** er a chelechang a techall el mo er a remeklou el chad el tir a ngar bab a kerrekerengir er a olkael er a OHP Plus. A insurance a tada e osisiu ngii me a OHP Plus.
- A **insurance er a ukeruul a ngar er ngii er a blil oterullel a insurance (Marketplace)** – e blechoel lobengkel a ngeso er a cheral. Sel chomharau er ngii a di ultuil er a kerrekerengem, rekim, chomkiei er ngii, me a insurance el soam.

**Momes el kmo ng ngera el insurance a sebechem el nguu er a website el OregonHealthCare.gov.**

## Insurance el sebechem el ultuil er ngii.

Ng diak a belkul a kmo ng kmal ngera el techall er a insurance a ngar er ngii el sebechem, ke bai ultuil er a insurance el sel bo mousbech er ngii e tia kid. A rokui el insurance el ngar er ngii er a OHP Plus, OHP Bridge, me a blil oteruul el insurance (Marketplace) a ngar er ngii:

- Orus
- Osongel
- Ulekerreuil a cheroll me a tolechoi
- Ukeruul er a bdelud lomdasu me a terrekakl el usbechel a kar
- Cheral a kar el oak a toktang
- Ngesu er a tekoi er a cheroll me a rokui el telengtengil

A rokui el ngeso el oak a OHP Plus me a OHP Bridge a di tada. E ng di a sebechel el mo er ngii a chomharau el oak a insurance el mengai er a blil a oterullel (Marketplace).

## Ngar er ngii a di tada el ngeso.

Ke ousbech a ngesu el kirel a insurance? E diak modengei el kmo ke mekerang me a lechub e ng ngera el bedengel a insurance a ungil er kau?

Ngar er ngii a resemmong er a insurance el kmeed er kau el sebechir el ngosukau – a rokui el ngesu a di tada!

**Bo er a website el OregonHealthCare.gov e msikii a meduch el kmeed er kau.**

**Molekoi el mei**

Er a website el OregonHealthCare.gov || me a website el info.marketplace@oha.oregon.gov dengua el 855-268-3767 (sebechel a diak lorrenges me a diak longedecheduch)