

# Ewin ammasow ngeni, ammasow sefan, ika ekkesiwini aninisin kamotiwen safei me won ewe **HealthCare.gov**

Eseor noumw ewe aninisin kamotiwen safei (health insurance)?

Kich mei tongeni anisuk.

- Kae ngeni pworousen met sakun aninis mei wor mei murino pwan fokkun meekukun ngonuk.
- Katon ika kopwe tongeni nounou **aninisin senis** an epwe wisen meeni omw ina aninisin kamotiwen safei.

En mei kamo noumw aninisin kamotiwen safei non ewe ier?

A iei fanosun kopwene ammasow sefan ika ekkesiwin aninisin kamotiwen safei.

Katoneoch noum ina aninisin kamotiwen safei. Katon fengen meinisin metekana ka finata.

- Omw tumwunun inisum ren pekin safei mei tongeni ekkesiwin.
- Iteiten ier, minafon aninisin kamotiwen safei ra kattou, aninis ra pwan ekkesiwin, me pwan ekkeoch ekkena aninisin kamotiwen safei rese chiwen sopwosopweno.
- Ekkesiwinin moni tonong me ukukun choochon non omw en famini mei pwan tongeni esenipa ekkesiwinin **aninisin senis**.
- Katon ika kopwe tongeni pwisin chok sopwosopweno **ammassow sefan** ewe aninisin kamotiwen safei ke nounou akoum. Ina kopwe menei omw kopwe **wanong sefan** pworousomw kewe an epwe chok pwan sopwosopweno omw nomw won ei aninisin kamotiwen safei ke nomw won akoum.

Noo ngeni **OregonHealthCare.gov** omw kopwe kunekun RESE KAMO chon anisuk iir mei sinenap won ei aninis me non neniome iwe.



## Awewe non fosun ekis ika ekkoch nikinikin mak

Kokori 855-268-3767 (ese kamo) seni kunok 8 nesosor ngeni kunok 5 neekunion. Sarifan ngeni Enimu omw kopwe chuumwong ekkei pworous non fosun Español, Русский, Tiếng Việt, 汉语, 漢語. En mei pwan tongeni chuumwong non fouwatten mesen mak ika pwan ekkoch nikinikin mak.

# Ekkoch pekin Aninisin Kamotiwen Safei ngeni **ekkewe iir mei chiwen sounfiu me ekkewe ra wes me sounfiu non Oregon**



Mei wor Prokram mei kamwor faniten ekkewe iir mei fiti sounfiu seni ewe fonu Oregon ar repwe nounou aninisin kamotiwen safei mei meekukun me ar repwe nonomweoch non pekin tumwunun inis.

HIM-5112ch (02/26)



**Visit OregonHealthCare.gov**

## VA Health Care (Pwutain Tumwunun Safei Ngeni Sounfiu)

va.gov/health-care

### Mennapei

- Chon tumwunu pekin safei ika tokter non ei fonuwen Merika Pwutain tumwunun pekin safei ngeni ekkewe sounfiu.
- Mei tongeni epwe kochu nounoun ei aninis ngeni pwan ekkoch pekin aninisin kamotiwen safei ika noun aninisin kamotiwen safei pwisin won an.
- Pekin ammasow mei tongeni epwe kattano me pwan feer sefan.
- Pekin tumwunun safei mei pwan kamwor me nukun ewe pwutain tumwunun safei ngeni sounfiu anongonong won menni prokram ewe sounfiu e finata.

### Mwumwuta

- Mei kamwor ngeni ekkewe iir mei nomw fan ese nifinifin pwung nge esapw ekkewe re tou seni sounfiu faniten ar feerungaw me mwirin ruu ier, mei pwan kamwor ngeni ekkewe ra awesi wiser ururun met iir mei koko ika ewis ngenir usun emon sounfiu.
- Ekkewe sounfiu iir mei tongeni ammasow ngeni aninisin tumwunun inis seni ewe pwutain sounfiu me ese pwan nifinifin fansoun chuuno won [va.gov/healthbenefits/enroll](http://va.gov/healthbenefits/enroll), kokori **877-222-VETS (8387)**, chuuno non ekkewe neeni ra mesemesen won pwutain sounfiu me non neeniomw kena ren pekin tumwunun inis, ika fen feer omw fansoun chuuri ewe Ofesin Aninisin Sounfiu non ena Kinikin ke nonomw ia me won [go.usa.gov/xmfvd](http://go.usa.gov/xmfvd).

### Niwinin

- Eseor met kopwe meeni iteiten maram Nge ew chok, epwe anongonong won ifan teetenin ewe sounfiu re ewisa ngeni, emon sounfiu mei tongeni epwe meeni an fansoun chuuri tokter ika safei. Katon ekkena niwinin won an Pwutain Sounfiu ina website.
- Anen an ewe Pwutain Sounfiu epwe sinei menni teeten me kumi, ekkewe sounfiu repwe awesi ekkewe kapas eis ren pekin aninisin senis nupwen fansoun ar ammasow ngeni ar repwe nounou ei aninisin tumwunun inis ren safei ese kamo ika mei meekukun. Ekkewe sounfiu iir mei pin feiengaw ika iir mei chiwen feiengaw faniten ar angangen sounfiu resapw kamo.

Ewe Pwutain Sounfiu mei pwan awora aninisin kamotiwen safei me won CHAMPVA: [go.usa.gov/xNM2C](http://go.usa.gov/xNM2C). Ei aninisin kamotiwen safei mei tongeni epwe chok pwisin imwuno won an ika fen pwan nounou fengen me ekkoch aninis iwe esapw pwan wor repwe meeni iteiten ier ika iteiten maram.



## Tricare tricare.mil

### Mennapei

- Aninisin kamotiwen safei mei kamwor seni ewe pwutai ekan mesemes won pekin tumwunun safei ngeni ekkewe chon Angangen Eppeti Fiengaw me Osukosuk.
- Ese taitap ngeni ewe Pwutain Sounfiu e mesemesen won pekin safei.
- Unungat kinikinin ei aninisin kamotiwen safei: Uruurun (Standard), Napenon (Extra), ika Wesewesan (Prime).

### Mwumwuuta

- Mei kamwor ngeni ekkewe iir mei chiwen angangen sounfiu, ekkewe iir mei pun sounfiu nge ra ritaer (ngeni chok ekkewe iir mei awesi ukukun 20 angangen sounfiu), me nour kewe semirit.
- Uruurun repwe fiti ewe e kinikin rekan eita ngeni Defense Enrollment Eligibility Reporting System (DEERS).

### Niwinin

- Ukukun niwinin epwe kamotiw iteiten maram epwe chok anongonong won an ewe sounfiu kinikin ren wisan non sounfiu.
- Ekkewe kinikin Uruurun (Standard) me Napenon (Extra) ika ke nounou iwe kopwe akoum meenatiw efou senis mwemwen kopwe poputa nounou iwe esor met kopwe meemeni iteiten ier; ewe ew kinikin Wesewesan (Prime) ika ke nounou iwe kopwe kamotiw iteiten ier nge eseor met kopwe pwan meeni mwemwen kopwe poputa me nounou.

## Kut aninis ese kamo, non neeniomw iwe ke nonomw ie.

OregonHealthCare.gov  
855-268-3767 (ese kamo)

kunok 8 nesosor ngeni kunok 5 neekunion Saarifan ngeni Enimu

- Kuta ekkewe chon angang me non neeniomw iwe ke nonomw ie ika choochon ewe kumwi rekan aninis won ei pekin ar repwe anisuk non pwisin fosun fonuwom nge esapw pwan kamo.

## Ewe Marketplace HealthCare.gov

### Mennapan

- Epwe anongonong won teetenin en sounfiu ika wisan iwe epwapw nomw fan ekkewe kinikin mei affat ren pekin aninisin tumwunun inis iwe ese pwan wor ika ese pwan kamo iteiten ier.
- Ammasow me poputa nounou ekkei aninisin kamotiwen pekin safei me won mecha ika computer me ren [HealthCare.gov](http://HealthCare.gov) ika kokori **800-318-2596 (ese kamo)**.

### Mwuwuta ngonuk

- Meininis chon ei fonu Merika me pwan ekkewe aramas iir mei awora taropwen pun mei mwumwuta repwe nomw won ekkei fonuwen nukun (nge esapw pwan DACA) mei fokkun mwumwuta ngenir repwe kamo nour aninisin kamotiwen safei.
- Ekkei aninis mei kamwor faniten mei mweno me semirit.
- Ammasow non ekkewe fansoun mei suuk ngonuk kopwe ammasow ika fen non ekkewe fansoun mei chok imwuno an epwe suuk fan ew, awewe chok ika e fis ngonuk ew watte osukosuk non manawomw iwe ka tuunano kopwe ammasow iwe en mei tongeni ammasow ngeni ei aninis nge epwe chok non ukukun 60 raan me mwirin omw ina osukosuk. Ekkei osukosuk mei pachenong ika pun ke weseino seni wisomw iwe me non sounfiu, ika kopwe epwupwunu, ika kopwe nounou monukon, ika fen keuno sonuk noumw iwe aninisin kamotiwen safei ke nounou me akoumw.

### Niwinin

- Ikkei sakun kinikin ren pekin niwinin (Platinum, Gold, Silver, Bronze) epwe anongonong won ewe keekun niwinin kamotiw ewe chon nounou ei aninis epwe meenatiw.
- Aninis ren moni mei tongeni kawor usun takisesin premium mei tongeni aukuuku ewe monien aninis iteiten maram, pwan an epwe aukuuku ewe kinikinin moni tonong pwe epwe anisi an epwe aukuuku ewe monien safei mei tou seni pocket.
- Esor aninisin senis mei kamwor seni [HealthCare.gov](http://HealthCare.gov) ika pun en mei nounou aninisin kamotiwen pekin safei seni ewe pwutain sounfiu nge en mei nomw non ekkewe kinikin mei affat me asan omw kopwe tongeni nounou ena aninis.