Report to the
Interim Committees on Health

House Bill (HB) 2706 (2019) COFA
Dental Study Findings and Cost Estimates

April 9, 2020

Department of Consumer and Business Services
350 Winter St. NE
Salem, OR 97309
855-268-3767
www.oregon.gov/dcbs
Background

The Compact of Free Association (COFA) permits citizens of the Federated States of Micronesia, the Republic of the Marshall Islands, and the Republic of Palau to reside in the United States, but COFA adults are not eligible for full Medicaid under federal law.

Previous Oregon legislation – House Bill 4071 (2016) – created a program to pay for the enrollee’s share of premiums for medical insurance purchased through HealthCare.gov. The program also pays the bills for in-network services that count towards maximum out-of-pocket costs. However, those plans do not cover oral health care.

HB 2706, signed into law July 23, 2019, requires the Department of Consumer and Business Services (DCBS) to contract with, and oversee, a vendor to conduct a demographic study to determine the following: (1) The dental needs of low-income COFA citizens residing in this state; and (2) the geographic distribution of COFA citizens in the state. HB 2706 also required DCBS to issue a request for information to dental care organizations operating in this state to do the following: (1) Gauge the interest of dental care organizations in providing oral health care to COFA citizens; (2) determine the capacity of dental care organizations to meet the oral health care needs of COFA citizens; and (3) obtain other information necessary for DCBS to compile this report.

Study

On Aug. 8, 2019, DCBS posted a request for quotes (RFQ) on the Oregon Procurement Information Network (ORPIN) for the demographic study required by HB 2706.

Specifically, DCBS requested quotes for a demographic study (1) estimating the needs of the COFA population over a minimum five-year period by specific dental need and (2) providing a geographic analysis of the COFA population in Oregon, including the city and county of COFA citizens; the number of COFA citizens in each area; gender, age, medical and dental insurance status, and household income of the population; and the COFA country of origin of the population in Oregon.

The RFQ closed Aug. 29, 2019, with one quote received. Due to the limited number of responses, DCBS extended the RFQ for seven days. DCBS closed the RFQ and negotiated a contract with the single respondent, MGT Consulting Group of America, LLC.

MGT, which has been in operation for more than 45 years, is a national management consulting and research firm that has served more than 12,000 public, private, and nonprofit clients throughout the United States. MGT is headquartered in Tampa, Florida, and has regional offices in several states, including California and Washington.

Methodology

MGT reviewed and analyzed existing population, historical, race and ethnicity, socio-
economic, household, age structure, immigration, census, and dental data. MGT also interviewed 100 COFA citizens residing in Oregon, who participate in the COFA Premium Assistance Program.

**Study Findings**

*The Dental Needs of Low-Income COFA Citizens in Oregon*

MGT determined about 50 percent of COFA citizens have significant dental needs and virtually all COFA citizens would use dental services if provided at no cost. Almost a fifth of those surveyed had never been to a dentist, and most had not been to a dentist for more than two years. About 40 percent of those surveyed believed they were in need of restorative and diagnostic treatment, including 20 percent who are in need of dentures. More than 60 percent expressed a need for teeth cleaning.

*The Geographic Distribution of COFA Citizens in Oregon*

According to MGT, a majority of likely enrollees live in the tri-county (Clackamas, Multnomah, and Washington counties) and Willamette Valley regions, with pockets of COFA citizens in southern and eastern Oregon. Exhibit 1 illustrates the geographic distribution of the COFA population.

**EXHIBIT 1 PACIFIC ISLANDERS RESIDING IN OREGON**

*Source: 2013-2017 American Community Survey data for Native Hawaiians and Other Pacific Islanders.*

*Enrollment and Cost Analysis for Dental Services Provided to COFA Citizens in Oregon*
MGT created three cost scenarios that span a five-year period using the current COFA medical program population as a benchmark. Scenario 1 assumes that all COFA medical program participants will use a dental program, except those who already have dental insurance, and assumes program participation through 2025. Scenario 2 assumes all COFA medical program participants will use a dental program and that program participation will increase through 2025. Scenario 3 builds on Scenario 2 by factoring in estimated population growth. Based on these assumptions, MGT estimates benefits for 2022 would cost between approximately $860,000 and $1.1 million. Exhibit 3 illustrates MGT’s cost and enrollment assumptions for the three scenarios for 2021 through 2025.

EXHIBIT 2 ENROLLMENT AND COST SCENARIOS

<table>
<thead>
<tr>
<th>Year</th>
<th>Scenario 1: Projected Enrollment</th>
<th>Cost</th>
<th>Scenario 2: Projected Enrollment</th>
<th>Cost</th>
<th>Scenario 3: Projected Enrollment</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>2021</td>
<td>636</td>
<td>$844,386</td>
<td>792</td>
<td>$1,050,070</td>
<td>816</td>
<td>$1,082,546</td>
</tr>
<tr>
<td>2022</td>
<td>649</td>
<td>$861,274</td>
<td>807</td>
<td>$1,071,071</td>
<td>832</td>
<td>$1,104,197</td>
</tr>
<tr>
<td>2023</td>
<td>662</td>
<td>$878,499</td>
<td>823</td>
<td>$1,092,493</td>
<td>849</td>
<td>$1,126,281</td>
</tr>
<tr>
<td>2024</td>
<td>675</td>
<td>$896,069</td>
<td>840</td>
<td>$1,114,343</td>
<td>866</td>
<td>$1,148,807</td>
</tr>
<tr>
<td>2025</td>
<td>689</td>
<td>$913,991</td>
<td>857</td>
<td>$1,136,630</td>
<td>883</td>
<td>$1,171,783</td>
</tr>
</tbody>
</table>

$4,394,219 $5,464,607 $5,633,614

Source: MGT

Request for Information

On Oct. 23, 2019, DCBS posted a request for information (RFI) on ORPIN. Under HB 2706, the RFI was targeted at the six dental care organizations (DCOs) operating in Oregon. In addition to posting the RFI on ORPIN, the Oregon Health Authority (OHA) emailed the RFI directly to its DCO partners and requested that they respond to the DCBS request.

The RFI asked for the following information from each of the DCOs:

- A description of the company’s service area.
- Whether its facilities are within walking distance of designated public transportation routes and stops.
- The number, type, and experience of oral health care providers at each facility.
- A description of the company’s interest in providing oral health care to COFA citizens and reasons for lack of interest if not interested.
- The capacity of the company to meet the oral health needs of the COFA population, including the factors considered in arriving at the answer.
- The estimated cost to provide three differing levels of benefits to COFA members, including
the bases for the estimates.

- Any additional information that would aid in the department’s determination of the cost to administer and run a COFA dental program.

Posted with the RFI was the relatively limited COFA demographic and dental needs data DCBS had at the time. DCBS received questions about need and utilization. Questions were also asked about whether the state would provide additional funding if actual need and utilization was greater than estimated by the DCOs. The RFI closed Dec. 9, 2019, at 5 p.m. with one response. An additional response was received after the 5 p.m. deadline. Both responses provided information beneficial for this report and are attached hereto as Addendums 1 and 2.

On Jan. 29, 2020, DCBS posted the RFI on ORPIN for a second time with responses due from DCOs by Feb. 29, 2020. Included with the posting was the MGT report, which is attached hereto as Addendum 3. OHA notified its DCO partners about the second posting. No responses to the second RFI were received.

**Request for Information Responses**

*Interest of DCOs to Provide Dental Care to COFA Citizens*

Two of the six DCOs in Oregon responded to the RFI – ODS Community Dental and Capitol Dental Care, Inc. Both ODS and Capitol expressed significant interest in providing dental care to the COFA population.

*Capacity of DCOs to Meet the Dental Care Needs COFA Citizens*

ODS and Capitol have significant capacity for patient care. Given the relatively small number of COFA citizens likely to participate in a COFA dental program, it appears that both ODS and Capitol have more than sufficient capacity to absorb these additional patients.

ODS serves patients in 25 counties, including Clackamas, Clatsop, Columbia, Jackson, Josephine, Lane, Marion, Multnomah, Polk, and Washington counties. Capitol serves patients in Benton, Clackamas, Deschutes, Jackson, Josephine, Lane, Lincoln, Linn, Marion, Multnomah, Polk, Washington, and Yamhill counties. Both DCOs have multiple clinics on major public transportation routes and within walking distance of major public transportation routes.

*Estimated Costs to Use DCOs to Provide Dental Care to COFA Citizens*

- **ODS Estimate:** $25.30 per member per month (PMPM) ($197,036 to $247,738 for plan year 2022)
- **Capitol Estimate:** $26.23 to $26.76 PMPM ($204,279 to $267,172 for plan year 2022)
- **MGT Estimate:** $110.59\(^1\) PMPM ($861,274 to $1,104,197 for plan year 2022)

---

\(^1\) MGT’s estimate may not take into account the DCOs’ economies of scale and their ability to absorb the COFA population into their existing patient pools.
Both ODS and Capitol can absorb the COFA population into their existing patient pools and can leverage existing economies of scale. Costs for enrollees in smaller communities receiving care from smaller clinics could be higher than the estimates provided, depending on whether the companies use global costs to determine the PMPM rate. Because Capitol provided different estimates based on the clinic providing care, it appears that Capitol does not use global costs and instead focuses on the clinic providing the care to calculate the PMPM rate.

Because of the significant dental needs of the COFA population, Capitol suggests that any COFA dental program that is established be funded to provide greater reimbursement to DCOs in the event that costs for the population push expenses beyond 90 percent of revenue.

*Estimated Cost for DCBS to Operationalize and Run a COFA Dental Program*

Because the Oregon Health Insurance Marketplace does not have its own state-based technology platform and instead relies on the federal exchange, DCBS would need to create a manual process similar to the COFA medical program in order to operationalize and run a dental program. DCBS would need to hire an additional Program Analyst 2 (PA2) to meet the additional workload. In the estimate below, DCBS assumes the PA2 would be hired by Oct. 1, 2021, in time to help implement the program, assist COFA participants during open enrollment, and be trained to manage the program during the plan year. This position is expected to cost approximately $112,000 for the 2022 plan year and three months preceding it. This estimate assumes that staff would be hired at step 3.

<table>
<thead>
<tr>
<th>Item</th>
<th>Class Title</th>
<th>Start</th>
<th>End</th>
<th># of Months</th>
<th>Position Count</th>
<th>Total PS Costs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>PA2</td>
<td>10/1/2021</td>
<td>12/31/2022</td>
<td>15</td>
<td>1</td>
<td>$111,612</td>
</tr>
</tbody>
</table>

For the 2022 plan year (including the three months of 2021), DCBS expects that services and supplies will cost approximately $37,500. This amount includes $10,000 for additional publicity and $5,000 for the translation of dental materials into other languages. The remainder consists of office supplies, rent, telephone services, employee training, and similar costs.

Total operational costs for a single plan year (2022) are estimated at $149,112.

*Summary of Estimated Costs*

Below is a summary of potential costs for 1,000 COFA enrollees per month for the 2022 plan year:

<table>
<thead>
<tr>
<th>DCO</th>
<th>PMPM Rate</th>
<th>PMPM Total for 1,000 enrollees x 12 months</th>
<th>DCBS Personal Services</th>
<th>Services and Supplies</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>ODS</td>
<td>$25.30</td>
<td>$303,600</td>
<td>$111,612</td>
<td>$37,500</td>
<td>$452,712</td>
</tr>
<tr>
<td>Capitol</td>
<td>$26.76</td>
<td>$321,120</td>
<td>$111,612</td>
<td>$37,500</td>
<td>$470,232</td>
</tr>
</tbody>
</table>
Addendum 1

Capitol Dental Care, Inc.
Response to Request for Information
COFA Dental Care RFI DCBS-1188-19
December 3, 2019

1. Please describe your company's service area.
   A: Capitol Dental has approximately 35 staff office locations (Gentle Dental and
   SmileKeepers Dental clinics) that serve OHP members throughout Oregon, including
   Benton, Clackamas, Deschutes, Jackson, Josephine, Lane, Lincoln, Linn, Marion,
   Multnomah, Polk, Washington and Yamhill counties. We anticipate that we would
   make these same facilities available to serve the needs of the COFA population.

2. Please indicate whether your facilities are within walking distance of
designated public transportation routes and stops.
   A: All of our participating locations are conveniently located, with ample parking
   and close to major bus lines and bus stops. According to Google maps, the majority
   are within 5 minutes walking distance of the closest bus stop.

3. Please describe the number, type and experience of oral health care providers
   at each facility.
   A: Please see the attached list of providers currently at each staff location and their
   specialty highlighted in yellow.

4. Please describe your company's interest in providing oral health care to COFA
   citizens.
   A: Capitol Dental Care is deeply committed to providing high quality dental care to
   underserved populations, with an emphasis on health equity and culturally
   competent care. Serving the COFA population is consistent with our mission
   statement:

   "Capitol Dental Care is committed to preventing dental disease and improving
   the oral and systemic health of children and low income patients. We create
   access to quality care, use evidence-based methods and provide dental
   leadership within the communities we serve."

3000 Market Street NE, Ste. 228, Salem, OR 97301
5. Based on the demographic and need information provided, your company’s patient load, the number of providers delivering oral health care, and other factors your company deems relevant, please describe your company’s capacity to meet the oral needs of the COFA population. Please describe how you arrived at this response.
   A: Capitol Dental has several staff offices available in the areas where most COFA citizens reside, including Polk, Marion and Lane counties. Based on our current capacity and utilization reports in highest-density areas, we have the capacity to provide access to dental care within reasonable time frames and according to our current appointment recommendations and requirements.

6. Based on a capitated arrangement like the one your company has with the OHA, please estimate the per member/ per month cost to provide each of the following levels of service to members of the COFA population:
   A: Capitol Dental Care does not serve the COWEM and COWEM Plus population under a capitated arrangement. We would be willing to accept the same per member/ per month rates as paid by the state for OhP members, based on the geography in which the covered COFA population resides. These rates are $26.23 per member/ per month for patients residing in Lane County based on current rates with Trillium and $26.76 per member/ per month for patients residing in Marion based on current rates with Willamette Valley Community Health.

7. Please provide any additional information you have that will aid in DCBS’s determination of the cost to administer and run COFA Premium dental assistance program.
   A: Research indicates that the oral health needs of the COFA population can be three times higher than the average American. Cultural mores along with poor diet and lack of education are contributing factors to rampant dental decay amongst this population. Due to the vague information of their estimated utilization, we would encourage the program to be willing to negotiate additional funding in the event that our cost of care (i.e., Medical Loss Ratio) exceeds ninety percent of our revenue for this contract.
December 9, 2019

ODS Community Dental
DCBS-1188-19 COFA Dental Premium Assistance Program Request for Information

1. Please describe your company's service area.

ODS currently holds contracts with 11 coordinated care organizations (CCOs); AllCare Health Plan, Columbia Pacific, EOCCO, Health Share of Oregon, InterCommunity Health Network, Jackson Care Connect, PacificSource Central Oregon, PacificSource Columbia Gorge, Primary Health of Josephine County, Trillium Community Health Plan, and Willamette Valley Community Health. ODS serves members in 25 Oregon counties. Fifty five percent of ODS members reside in the tri-county service area; Multnomah, Washington and Clackamas counties. Members residing in Marion, Polk, and Lane counties consists of 18 percent of ODS membership. The ODS service area in Southern Oregon includes Jackson and Josephine counties with a combined membership of six percent. Additional members reside in Eastern Oregon, Central Coast, Central Oregon, and the Columbia Gorge. In addition, ODS holds a direct contract with OHA with service areas consistent with CCO service areas.

Effective January 1, 2020 ODS will contract with 11 CCOs; AllCare Health Plan, Columbia Pacific, EOCCO, Health Share of Oregon, InterCommunity Health Network, Jackson Care Connect, PacificSource Central Oregon, PacificSource Columbia Gorge, PacificSource Marion Polk, PacificSource Lane, and Trillium Community Health Plan. As a result of these CCO changes, we do not anticipate any changes in our services areas.

ODS provides oral health services to OHP members through contracted providers located throughout Oregon and our own Arrow Dental clinics. The Arrow Dental service area includes Clackamas, Clatsop, Columbia, Lane, Marion, Multnomah, and Washington counties.

2. Please indicate whether your facilities are within walking distance of designated public transportation routes and stops.

Arrow Salem, Arrow Eugene, and Arrow Milwaukie locations are all within walking distance of public transportation routes and stops. The Milwaukie Tri-Met bus stop is located at the east end of the patient parking lot. The Arrow Eugene bus stop is located a few steps from the main entrance of the clinic and the Arrow Salem bus stop is a three minute walk from the clinic. The Clatskanie bus stop is located at the Clatskanie Safeway, an approximate two minute walk from the dental office. The bus stop for the Arrow Astoria office is located at the Astoria Safeway, an approximate seven minute walk from the dental office.

Many of our contracted OHP provider offices are located close to bus stops. The ODS provider directory offers detailed information for each OHP provider including address, phone numbers, hours, and accessibility for members with physical limitations. Members can call the office directly for assistance with public transportation routes and stops and transportation assistance offered by local CCOs.
3. Please describe the number, type, and experience of oral health care providers at each facility.

<table>
<thead>
<tr>
<th>Location</th>
<th>Services</th>
<th>Experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Astoria</td>
<td>General dentistry, oral surgery, pediatric dentistry, and specialty referral that meets mileage and travel time requirements</td>
<td>Three full time general dentists, two with three years experience, one with over 10 years experience</td>
</tr>
<tr>
<td>Clatskanie</td>
<td>General dentistry and specialty referral that meets mileage and travel time requirements</td>
<td>Two full time dentists, one with one year of experience, one with over ten 10 years experience</td>
</tr>
<tr>
<td>Eugene</td>
<td>General dentistry and specialty referral to local providers</td>
<td>Two full time dentists with five years experience, one part time dentist with advanced skills</td>
</tr>
<tr>
<td>Milwaukie</td>
<td>General dentistry, in-house specialty and specialty referral to local providers</td>
<td>Two full time dentists and one part time dentist, all with two years experience</td>
</tr>
<tr>
<td>Salem</td>
<td>General dentistry, in-house specialty, and specialty referral to local providers</td>
<td>Two full time dentists and one part time dentist, all with two years experience and one with advanced skills</td>
</tr>
</tbody>
</table>

In addition to the comprehensive services offered at the Arrow Clinics, ODS contracts with dental providers in all stated services areas. ODS contracted providers offer general dentistry and specialty services. This includes general dentistry, oral surgery, endodontics, periodontics, pediatric dentistry, and hospital dentistry. All ODS contracted dental providers must meet credentialing requirements prior to treating ODS OHP members. In addition, the credentialing team performs ongoing monitoring of all providers and conducts re-credentialing on a recurring schedule.

4. Please describe your company’s interest in providing oral health care to COFA citizens. If your company is not interested or has low interest in providing oral health care to COFA citizens, please provide the reason(s) for your company’s lack of interest.

ODS is very interested in providing oral health care to COFA citizens. ODS has always focused on dental Medicaid member engagement and oral health literacy. This dedication was directed to the Medicaid population in 1994 when ODS first entered the dental Medicaid market. The ODS staff work directly with case workers, providers, and members to stress the importance of oral health care for all age groups, establishing with a dental home, and avoiding the emergency department for non-traumatic dental pain. ODS’ commitment to member, provider, and community has evolved into a formal community dental services program consisting of a team of dedicated dental professionals, both clinical and administrative.

5. Based on the demographic and need information provided above, your company’s patient load, the number of providers delivering oral health care, and other factors your company deems relevant, please describe your company’s capacity to meet the oral health needs of the COFA population. In your description, please discuss and explain the factors you considered in arriving at your answer.

After reviewing the information provided by DCBS in the RFI document and the additional information in the FAQs, ODS can state with confidence that we have the capacity to meet the oral needs of the COFA population. We came to this conclusion based on current capacity in all Arrow clinic locations (see table below). In addition,
ODS contracted providers in Union, Benton, Marion, Polk, and Jackson counties have capacity to treat this member population and are currently accepting new patients.

<table>
<thead>
<tr>
<th>Clinic Location</th>
<th>Capacity</th>
<th>Currently Assigned</th>
</tr>
</thead>
<tbody>
<tr>
<td>Astoria</td>
<td>4,500</td>
<td>3521</td>
</tr>
<tr>
<td>Clatskanie</td>
<td>4,500</td>
<td>2949</td>
</tr>
<tr>
<td>Eugene</td>
<td>7,000</td>
<td>6299</td>
</tr>
<tr>
<td>Milwaukee</td>
<td>11,500</td>
<td>10546</td>
</tr>
<tr>
<td>Salem</td>
<td>7,000</td>
<td>6340</td>
</tr>
</tbody>
</table>

The ODS dental case management unit is fully staffed and able to assist with care coordination as new members enroll in our dental plan. This team also works directly with CCOs when care coordination requires assistance from member's primary care physician and/or behavioral health provider. The dental customer service unit has a full feature call center system that routes incoming telephone and email inquiries according to call type and efficiently schedules customer service representatives to avoid wait times.

6. Based on a capitated arrangement like the one your company has with the Oregon Health Authority, please estimate the per member/per month cost to provide each of the following levels of service to members of the COFA population: (a) Citizen/Alien-Waived Emergency Medicaid (CAWEM); (b) CAWEM Plus (applying benefits to all adults not only pregnant women); and (c) Oregon Health Plan Plus. Please explain the bases for your estimate.

The estimated per member/per month cost to provide all levels of dental services to COFA citizens is $25.30. The bases for this estimate was derived from dividing total costs to operate the dental clinic by the total number of lives assigned to each clinic. Operational costs include utilities, salaries, and office expenses. Included in the calculation is a dental plan administration fee.

7. Please provide any additional information you have that will aid in DCBS's determination of the cost to administer and run a COFA premium dental assistance program.

COFA members may initially have a greater need for dental services dependent upon their prior dental history. This could result in a higher than average claims experience with the expectation of their dental needs transitioning from restorative to preventive services in subsequent years. An outreach and communication plan is recommended to ensure members are aware of eligibility requirements and plan benefits. The communication materials should provide clear instructions for navigating the OHA and CCO systems and enrolling in the program. Culturally and linguistically appropriate materials and resources will be helpful for COFA citizens. In addition, the connection between oral health and overall health should be considered when providing services to COFA citizens. This includes member education, a recommendation to member's physical and oral health providers to evaluate members for medical and oral health conditions, and encouraging members to seek recommended healthcare services.
Addenda to SB 147 (2017) Report to the 2017 Oregon Legislative Assembly

Addendum 3

Oregon Demographic Dental Care Study

Department of Consumer and Business Services

Final Report

January 31, 2020

www.mgtconsulting.com
DEPARTMENT OF CONSUMER AND BUSINESS SERVICES
Oregon Demographic Dental Report
January 31, 2020

TABLE OF CONTENTS

EXECUTIVE SUMMARY ........................................................................................................ 3
CHAPTER 1. INTRODUCTION .......................................................................................... 4
  COMPACT OF FREE ASSOCIATION ........................................................................ 4
  COFA PREMIUM ASSISTANCE HEALTH CARE PROGRAM ..................................... 4
  COFA DENTAL CARE OPTION .............................................................................. 5
  THE IMPORTANCE OF DENTAL CARE ..................................................................... 5
  THE COST OF DENTAL CARE .................................................................................. 6
  FUTURE TRENDS: MOBILE DELIVERY OF DENTAL CARE .................................. 6
CHAPTER 2. METHODOLOGY ....................................................................................... 7
  PROJECT INITIATION ............................................................................................... 7
  DATA GATHERING AND REVIEW .......................................................................... 7
  QUANTITATIVE DATA ANALYSIS ........................................................................... 7
  QUALITATIVE DATA ANALYSIS ............................................................................. 7
  GEOGRAPHICAL ANALYSIS ................................................................................... 8
  DEMAND ANALYSIS ............................................................................................... 8
  PROJECT REPORTING AND PRESENTATION ......................................................... 8
CHAPTER 3. DEMOGRAPHIC AND ECONOMIC FACTORS ........................................... 9
  DEMOGRAPHICS ...................................................................................................... 9
CHAPTER 4. OTHER STATE PLANS AND INITIATIVES ................................................ 11
  CALIFORNIA DENTAL COVERAGE ....................................................................... 11
  HAWAII DENTAL COVERAGE ............................................................................... 13
  WASHINGTON DENTAL COVERAGE ...................................................................... 14
CHAPTER 5. DENTAL CARE PROVIDERS .................................................................... 16
  DENTAL CARE ORGANIZATIONS .......................................................................... 16
  DENTAL CLINICS ................................................................................................... 17
CHAPTER 6. SURVEY RESULTS .................................................................................... 18
  PRIOR DENTAL PROCEDURES AND ISSUES ......................................................... 18
  CURRENT DENTAL CARE AND NEEDS ................................................................. 21
  DEMOGRAPHICS OF SURVEY RESPONDENTS ..................................................... 24
CHAPTER 7: DEMAND ANALYSIS .................................................................................. 26
APPENDIX A: DENTAL CARE ORGANIZATION CONTACT INFORMATION ............ 27
APPENDIX B: DENTAL CLINIC CONTACT INFORMATION ......................................... 28
APPENDIX C: DISCLAIMER ....................................................................................... 29

Page | 2
EXECUTIVE SUMMARY

The purpose of this report is to provide information on a study of the dental needs and geographic distribution of low-income Compact of Free Association (COFA) citizens in Oregon. Those who are considered low-income are above the age of 18 with income eligible for Medicaid in the state of Oregon. COFA is an international agreement between the United States (U.S.), the Republic of the Marshall Islands (RMI), the Federated States of Micronesia (FSM), and the Republic of Palau (Palau). The compact allows citizens from these Pacific Islands to come to the U.S. to live, work, go to school, and serve in the U.S. Military without being U.S. citizens.

COFA members reside in the North Western part of the state with a few residing in the East. Most are in Multnomah and Marion counties.

Dental Care Organizations (DCOs) contract with dental practices to provide critical business management and support, including non-clinical operations. These organizations allow dentists to focus solely on providing the best care possible for their patients.

Based on the oral health assessment data, taking on this population would cost between an average of $63 and $163 per member per month depending on preventative and restorative dental needs. About half of the COFA members need preventive services such as cleaning and the other half need restorative services including extractions, dentures, and crowns.

With an estimated 695 to 890 enrollees for the first year, the state would need a maximum of $6,154,724 to support this program for the first year and following years vary based on enrollment estimates. The report includes three scenarios that consider general population growth, likelihood of usage if Oregon offers dental care coverage for COFA residents, and exclusion of those with current coverage through dental insurance through their employers.

Dental coverage for adults under the federal Medicaid program is not mandated, and the federal Medicare program for older and disabled adults does not include routine oral health services.¹

CHAPTER 1. INTRODUCTION

The purpose of this report is to provide information on a study of the dental needs and geographic distribution of low-income Compact of Free Association (COFA) citizens in Oregon. Those who are considered low-income are above the age of 18 with income eligible for Medicaid in the state of Oregon.

COMPACT OF FREE ASSOCIATION

COFA is an international agreement between the United States (U.S.), the Republic of the Marshall Islands (RMI), the Federated States of Micronesia (FSM), and the Republic of Palau (Palau). The compact allows citizens from these Pacific Islands to come to the U.S. to live, work, go to school, and serve in the U.S. Military without being U.S. citizens.

COFA PREMIUM ASSISTANCE HEALTH CARE PROGRAM

For the COFA Premium Assistance Program, the state supplements health insurance premiums and all out-of-pocket expenses for COFA residents living in Oregon. Although the program does not include dental services coverage, a study in the U.S. National Library of Medicine National Institutes of Health Journal, concluded that Oregon has the most progressive policies for providing health insurance to COFA migrants.2

Since the inception of the program as of October 2019, 1,138 unique people from COFA island nations enrolled in the COFA Premium Assistance Program to receive assistance with premiums and in-network out-of-pocket expenses for medical coverage. Exhibit 1 displays the number of those from COFA nations who applied for COFA Premium Assistance, were approved, renewed and had continuous enrollment. The COFA Premium Assistance bill did not include dental care. These numbers provide a context for understanding the health needs of those from COFA island nations and provide a potential basis for forecasting dental needs.

EXHIBIT 1 COFA PREMIUM ASSISTANCE HEALTHCARE PROGRAM ENROLLEES

<table>
<thead>
<tr>
<th>Plan Year</th>
<th>Applicants</th>
<th>Approved</th>
<th>Prior Year Renewals</th>
<th>Yearly Renewals</th>
<th>New***</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>644</td>
<td>419</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>2018</td>
<td>766</td>
<td>639</td>
<td>167</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>2019</td>
<td>874</td>
<td>789</td>
<td>269</td>
<td>129</td>
<td>520</td>
</tr>
<tr>
<td>2020*</td>
<td>765</td>
<td>688</td>
<td>439</td>
<td>81**</td>
<td>328</td>
</tr>
</tbody>
</table>

*2020 Open Enrollment is in progress. The current approval is 688 and the goal is 800 for the full plan year.
**As of Dec. 30, 2019. This number may continue to grow through enrollments through special enrollment periods.
***Calculation in process.

CHAPTER I. INTRODUCTION

COFA DENTAL CARE OPTION

The COFA Dental Care Option establishes a dental program in the Oregon Health Authority (OHA) to provide oral health coverage. The bill authorizes OHA to contract with dental care organizations (DCOs) to provide oral health services to individuals enrolled in the program. The legislation specifies covered services are based on services provided to medical assistance recipients without any out-of-pocket costs for enrollees. It also allows OHA to establish the program application and eligibility verification process through rulemaking. The legislation directs OHA to contract with DCOs and with individual oral health care providers to provide oral health care to COFA citizens enrolled in the COFA Dental Program. The Oregon Dental Association supported this bill and stated, “every Oregonian deserves access to quality affordable oral health care. Extending dental coverage to this population is fair, equitable, and necessary.”

A representative from the Oregon Commissions on Asian and Pacific Islander Affairs (OCAPIA) testified that many islanders do not go to the dentist because they do not have dental insurance and cannot afford regular cleanings or preventive services. Additionally, he shared that referral programs are not available and often dental problems escalate, requiring an expensive visit to an emergency room where they hope for a waiver which is an expensive process for Oregon. Other testimonies expressed the need for parity with other low-income populations.

Coordinated Care Organization (CCO) is a network of all types of health care providers (including dental care) who work with local communities to serve people on Medicaid. According to findings in the “Oral Health in Oregon’s CCOs: A Metrics Report”:

- Certain counties have fewer dentists compared with the number of residents they serve
- Members didn’t receive preventive dental services
- Hawaiian/Pacific Islanders consistently receive services at lower rates than other members

These findings highlight the need for preventive dental care in Oregon.

THE IMPORTANCE OF DENTAL CARE

The Mayo Clinic calls oral health the window to overall health and highlighting the connection between the two. Without proper oral hygiene, bacteria may lead to oral infections, such as tooth decay and gum disease. Further, side effects of medications may reduce saliva flow that washes away food and neutralizes acids to protect from disease. Certain diseases such as diabetes and HIV/AIDS, can lower the body’s resistance to infection, making oral health problems more severe. Oral health has the potential to contribute to various diseases and conditions including endocarditis, cardiovascular disease, pregnancy and birth complications, and pneumonia. Cultural factors may impact the perceptions of dental care and

---

3 Support of HB 2706: Dental Coverage for COFA. Retrieved from https://olis.leg.state.or.us/lis/2018R1/Downloads/CommitteeMeetingDocument/03884
4 Testimony in Support of HB 2706. Retrieved from https://olis.leg.state.or.us/lis/2018R1/Downloads/CommitteeMeetingDocument/03825
5 Alisha Perman Testimony Retrieved from https://olis.leg.state.or.us/lis/2018R1/Downloads/CommitteeMeetingDocument/172299
CHAPTER 1. INTRODUCTION

needs. In some of the pacific island cultures, gold crowns are valued as an indicator of prestige and status. At least nine of 105 interviews had gold crowns, mostly the older population. Some possible, but rare side effects of gold crowns include redness, swelling, lip and mouth pain, gum swelling and irritation, lesions in the mouth, and allergic reactions.7

THE COST OF DENTAL CARE

According to the Health Policy Institute of the American Dental Association, in 2013 the average per patient spending on dental care was $685 per year with no insurance and average expenditures for patients in the 90th percentile was $1,624. Adjusted for current inflation, the per patient cost annually is $765 and $1,814 as of November 2019 based on the U.S. Bureau of Labor Statistics Inflation Calculator.8 These higher average costs represented restorative procedures such as crowns and implants, which are not typically required annually. The same study also indicated a median expenditure of $254. Dental expenditures accounted for almost 5% of total health care spending in 2013, which was down from 8.5% in 1960.9 To further understand dental care expenditures, the report disaggregated costs by type of dentists to understand differences. Visits to general practice dentists average $514 and visits to dental specialists average $1,755. Nationally, the study noted that dental care is often not covered by employers and when it is, the cap is typically $1,000 to $1,500. The study also concluded that the median of $254 reflects improvements in the oral health of the U.S. population and the shift in dental services from relatively high cost restorative services to lower cost diagnostic and preventative services. Further, this report notes that even a cost of zero leaves costs to the patients when personal considerations—transportation, childcare, and time lost from work—are factored into the cost burden.

A study of average out-of-pocket spending on services and premiums for traditional Medicare beneficiaries in 2016 was $499 for dental services, which is $487 in 2019 dollars when calculated for inflation. Out-of-pocket spending increased with income, purportedly due to those with lower incomes forgoing dental services.10

FUTURE TRENDS: MOBILE DELIVERY OF DENTAL CARE

New trends in dental care focus on access and meeting people in convenient locations. For example, The American Dental Association Council on Advocacy for Access and Prevention is offering a webinar entitled On the Move; Multiple Mobile Models of Care. The webinar includes an overview of the Mobile Healthcare Association, a hospital-funded mobile emergency department diversion model; and a mobile dental/pediatric primary care model with a focus on human papillomavirus (HPV) vaccination. Such a system of mobile delivery may be useful service for the COFA population considering transportation issues.

---

CHAPTER 2. METHODOLOGY

MGT gathered and analyzed currently available data sources to highlight a context for the study and, particularly, the target populations. In addition to secondary data, MGT collected primary data through multiple sources.

PROJECT INITIATION

To begin the project, MGT met with the Agency Project Managers to finalize the proposed work plan and schedule as well as established working relationships critical to the success of the project. We developed a communications plan to work through email and hold meetings as needed and requested.

DATA GATHERING AND REVIEW

MGT requested information from the Agency to gain insight into prior work and studies. The Agency provided a prior survey conducted over two years and this information was used to better understand the needs of the population.

QUANTITATIVE DATA ANALYSIS

MGT reviewed population data such as historic population, racial and ethnic information, socioeconomic data, household information, population age structure, and immigration data beginning with Pacific Islanders. Although this population was broader than the desired population for the study, the context was helpful for framing the work. MGT also reviewed prior dental reports for similar populations based on socioeconomic status. MGT compiled the quantitative data into charts, tables, and graphs along with geocoded and mapped data to enhance the analysis and create visual tools for communicating the analysis to the community. With GIS, MGT analyzed the existing boundary conditions to create scenarios to help the Agency achieve its goals. This data formed the underlying foundation for a robust demographic study. MGT looked at the data from different perspectives to draw out themes and conclusions for implications on future enrollment.

QUALITATIVE DATA ANALYSIS

Qualitative analysis provided context for the collected facts and figures. MGT engaged agency officials, local facility representatives, and other local stakeholders who are familiar with trends and community dynamics. These conversations helped understand why the numbers say what they say. MGT interviewed over 100 people from the target audience in person and via phone. The enrollment event at the Rosewood Initiative in Portland, Oregon was the first location for collecting data directly from the population. The interviews took place sometimes through interpreters at a medical enrollment event, a church, in homes, and via phone which allowed the team to learn the community and specific needs as well as the culture and the customs which may impact dental needs for the identified population.
CHAPTER 2. METHODOLOGY

GEOGRAPHICAL ANALYSIS

The geographical analysis of the COFA populations in Oregon focused on understanding the quantitative and qualitative data to determine where COFA citizens are located, how many are in each area, ages, gender, COFA country, and dental health insurance status at the time of the study.

DEMAND ANALYSIS

To determine the range of demand for COFA Dental Coverage, actual application and approved enrollment statuses were used as benchmarks for estimates. For 2020, the anticipated enrollment 800. The population forecast from the U.S. Census predicts a growth of approximately 1.5% for Hawaiian and Pacific Islander population per year, which was rounded to 2% to ensure room for growth in the program. To determine costs, MGT used a 2013 study from the American Dental Association, as described in Chapter 1, and used the U.S. Labor Statistics Bureau Consumer Price Index calculator to determine 2019 equivalents which were an annual average of $765 for preventative care and $1,960 for restorative services at specialists offices. The survey indicated 47% of the COFA respondents needed restorative services and 53% need preventative care. Further, the model used the percent of those who responded that they were “very likely” or “somewhat likely” to use the dental coverage, which was 97% and the model also accounted for those with dental insurance which was 22%. The demand analysis resulted in three scenarios. One scenario is based on estimated population growth, another scenario excluded those not likely to use the dental coverage, and the third scenario excluded those with dental insurance.

PROJECT REPORTING AND PRESENTATION

Once the quantitative and qualitative data was collected, MGT analyzed the results and used the information to provide findings and make recommendations to the Agency in order to address the dental care needs of those from FSM, Palau, and the RMI who are in Oregon under COFA. MGT will present the information to the Agency.
CHAPTER 3. DEMOGRAPHIC AND ECONOMIC FACTORS

The study focuses on the populations of those living in Oregon who are from the FSM, Palau, and the RMI which are part of the Caroline Islands and the Micronesian Groups. The native languages for those living in Oregon from the islands include primarily Marshallese and Chuukese. Additional languages include Yapese, Palauan, and Pohnpeian.

DEMOGRAPHICS

Accurately capturing the demographics of the target population is challenging for a couple of reasons. First, the United States does not currently capture the three island populations that fall under COFA separately from the aggregate Pacific Islanders data in the Census or other surveys. To further complicate the situation, the populations are migrant and move throughout the U.S. residing primarily in Oregon, Washington, and Arkansas. Oregon has the largest concentration of COFA islanders on the U.S. mainland with estimates of more than 10,000 in Oregon.11

The population of Pacific Islanders in Oregon is expected to grow by 15% from 2019 to 2029, approximately 1.5% per year, as noted in Exhibit 2. These numbers provide context and a potential benchmark for understanding potential growth of the targeted population.

EXHIBIT 2 2019 TO 2029 NATIVE HAWAIIAN AND PACIFIC ISLANDER POPULATION

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>2019 Population</th>
<th>2029 Population</th>
<th>Change</th>
<th>% Change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Native Hawaiian or Pacific Islander, Non-Hispanic</td>
<td>17,339</td>
<td>19,961</td>
<td>2,622</td>
<td>15%</td>
</tr>
<tr>
<td>Native Hawaiian or Pacific Islander, Hispanic</td>
<td>2,207</td>
<td>2,566</td>
<td>359</td>
<td>16%</td>
</tr>
<tr>
<td>Total</td>
<td>19,546</td>
<td>22,527</td>
<td>2,981</td>
<td>15%</td>
</tr>
</tbody>
</table>

Source: Emsi Q4 2019 Data Set.

To provide context using available data, the American Community Survey data indicates that Pacific Islanders in Oregon reside mostly in the western part of the state, concentrated in the north west as noted in Exhibit 3.

EXHIBIT 3 PACIFIC ISLANDERS RESIDING IN OREGON

CHAPTER 4. OTHER STATE PLANS AND INITIATIVES

This chapter reviews dental plans from other states with larger populations of COFA islanders. The purpose of this chapter is to provide a context for understanding dental coverage states provide to COFA islanders and other low-income populations. Further, this information may be used to compare with Oregon’s current efforts to provide dental coverage for COFA islanders as noted in the first chapter.

CALIFORNIA DENTAL COVERAGE

SUMMARY OF CURRENT COVERAGE

In California, there are no specific laws providing dental care for members of the COFA population. Most Californians shop for dental insurance on Covered California which is California’s official health insurance marketplace. Covered California offers two types of dental plans: health maintenance organization (HMO) plans and preferred provider organization (PPO) plans. For the HMO plan, there is no deductible or annual limit on what the plan will pay for a member’s care. However, care provided by dental providers outside the network aren’t covered. For the PPO plan, there’s a $50 co-pay for each enrolled adult. Some out-of-network dental costs are covered. For this plan, there can be a six-month waiting period for major services and the plan has an annual limit of $1,500. Exhibit 4 summarizes the cost of different services for members in the PPO and HMO plans.

<table>
<thead>
<tr>
<th>Service</th>
<th>HMO</th>
<th>PPO In-Network, Out-of-Network</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diagnostic and Preventive (X-Rays, exams, cleaning, sealants)</td>
<td>$0</td>
<td>0%, 10%</td>
</tr>
<tr>
<td>Amalgam filling — one surface</td>
<td>$25</td>
<td>20%, 30%</td>
</tr>
<tr>
<td>Root canal — molar</td>
<td>$300</td>
<td>50%, 50%</td>
</tr>
<tr>
<td>Gingivectomy per tooth *per quad for PPO plan</td>
<td>$50</td>
<td>50%, 50%</td>
</tr>
<tr>
<td>Extraction — single tooth, exposed root or erupted</td>
<td>$65</td>
<td>50%, 50%</td>
</tr>
<tr>
<td>Extraction — complete bony</td>
<td>$160</td>
<td>50%, 50%</td>
</tr>
<tr>
<td>Crown — porcelain with metal</td>
<td>$300</td>
<td>50%, 50%</td>
</tr>
<tr>
<td>Medically-necessary orthodontia</td>
<td>Not Covered</td>
<td>Not Covered</td>
</tr>
<tr>
<td>Deductible (waived for diagnostic and preventive)</td>
<td>$0</td>
<td>$50</td>
</tr>
</tbody>
</table>

Source: Covered California.

California’s form of Medicaid, known as Medi-Cal, provides free or low-cost health coverage for children, pregnant women, and adults with limited incomes and resources. When you complete a Covered California application, your eligibility for Medi-Cal will be determined automatically. Dental services are currently provided as some of the benefits under the Medi-Cal program. Medi-Cal’s dental coverage is known as Denti-Cal. The following services are provided under Denti-Cal for free or a lowered cost:
CHAPTER 4. OTHER STATE PLANS AND INITIATIVES

- Diagnostic and preventive dental hygiene (e.g. examinations, x-rays, and teeth cleanings);
- Emergency services for pain control;
- Tooth extractions;
- Fillings;
- Root canal treatments (anterior/posterior);
- Crowns (prefabricated/laboratory);
- Scaling and root planning;
- Periodontal maintenance;
- Complete and partial dentures; and
- Orthodontics for children who qualify.

The Department of Health Care Services (DHCS) is responsible for providing dental services to eligible Medi-Cal beneficiaries, and offers services through two delivery systems, Dental Fee-For-Service (FFS) and Dental Managed Care (DMC). Dental FFS is the delivery system in all but two counties in California. In 2019, approximately 13.5 million people were using Medi-Cal.

**Member Outreach Objectives:**

- Increase the Annual Dental Visit for California’s Medicaid population enrolled in Medicaid for at least ninety (90) continuous days by 3.3 percentage points.
- Increase preventive dental services for children ages one through twenty (20) enrolled in Medicaid for at least ninety (90) continuous days by 3.3 percentage points.
- Increase sealants on permanent molars for children ages six through nine enrolled in Medicaid for at least ninety (90) continuous days by 3.3 percentage points.

**Provider Outreach Objective:**

- Increase the number of actively participating Medi-Cal dentists who have provided at least one service in the calendar year by 2.5 percentage points.
- Increase the number of service offices accepting new patients and referrals by 2.5 percentage points.
- Overall, Delta Dental sees the following indicators as positive signs that Medi-Cal is moving in the right direction for members – more members having annual dental visits, preventive services and dental sealants. As of 2016, the utilization percentages for these three metrics were 31.4% (annual visits for all ages), 43.3% (preventative care for children age 1-20), and 17.4% (sealants on permanent molars for children age 6-9). For providers, the primary goal is to increase the number of actively participating Medi-Cal Dental providers who have provided at least one service in the calendar year (7,821 in 2016) and increase the number of service offices accepting new members and referrals (4,719 as of 2016).
CHAPTER 4. OTHER STATE PLANS AND INITIATIVES

HAWAII DENTAL COVERAGE

SUMMARY OF CURRENT COVERAGE
The Hawaii State Department of Health, Family Health Services Division, Oral Health Program is responsible for statewide surveillance, planning, and prevention. The Department operates five dental clinics to serve individuals with chronic and severe developmenal and intellectual disabilities, medically indigent, frail elderly, and clients under the Developmental Disabilities Division. Hawaii does not have a routine system for assessing the oral health of residents and does not have a dental public health program within the State Department of Health. 12

Realizing the critical connection between oral health and general health and well-being, Hawaii conducted a study to understand the need for oral health for residents. One of the key findings was the impact of lacking oral health on hospital emergency visits. Over six years, a 58% increase in visits to emergency rooms demonstrated the costs associated with a lack of access to preventative and scheduled dental care services. 12 A recent Briefing Report from the Hawaii Advisory Committee to the U.S. Commission on Civil Rights captures some of the discrepancies and costs to equal opportunity for Micronesians in Hawaii.13

Bright Smiles Hawaii notes that the state has the worst oral health for children and adults in the nation. Hawaii’s low-income residents are also more likely to experience dental problems and less likely to see a dentist than other U.S. residents. To address this issue, the Hawaii Public Health Association has been funded by the DentaQuest Foundation under its 2020 Oral Health Initiative to lead a project that focuses on incorporating more collaboration and consultation with at-risk populations and stakeholders that lead to innovative, out-of-the-box, and culturally-sensitive strategies specifically to improve oral health status and reduce disparities for Hawaii’s residents.14

PROGRAM COSTS
As a U.S. port of entry in the Pacific, Hawaii has paid the cost of public services for COFA islanders who migrate to the islands. 15 As of 2011, Hawaii estimates the cost to provide public services to COFA islanders living in Hawaii at over $100 million annually. Most of the costs are for education and health services, but do not specifically include dental services. With the COFA funding set to expire in 2023, the Advisory Committee expressed concerns regarding the strain on limited resources and the cost to the state.

FUTURE EFFORTS
The Oral Health 2020 Network is working to build relationships, connecting members to learn from one another, advancing oral health as a social justice framework, and promoting the national network to strengthen the collective impact.15

---

CHAPTER 4. OTHER STATE PLANS AND INITIATIVES

WASHINGTON DENTAL COVERAGE

SUMMARY OF CURRENT COVERAGE

The State of Washington, unlike California, has passed a bill specifically addressing the needs of the COFA Population. Legislature worked COFA community representation to create a COFA Islander Advisory Committee (through 2021), which advises the Washington Health Care Authority on COFA Islander Health Care needs. On April 29th, 2019, the Washington State Legislature pass Senate Bill 5274, establishing a COFA Islander Dental Program. This bill creates no cost dental coverage available to all adults from COFA nations residing in Washington, who are income-eligible to receive Medicaid. All associated costs such as premiums, co-insurance, and other out-of-pocket costs will be paid for by the Washington State Health Care Authority. Here are additional points of information about this program.

- COFA community members who are eligible for COFA Islander Health Care AND COFA community members who receive some or all of Medicare coverage and are income-eligible for Medicaid can enroll in the program.
- There is no annual maximum benefit. This means people enrolled in the program can receive as many covered services that they need, regardless of cost.
- Covered dental services are limited to services covered by the qualified dental plan (QDP) and performed by an in-network provider, as well as services that are not covered by the QDP but are covered under Apple Health Dental.
- Coverage through COFA Islander Dental Care begins no later than January 1, 2021.
- Program enrollment will happen at the same time as Open Enrollment for Qualified Health Plans, which generally takes place November 1 through December 15th but can be changed from year to year. Enrollment will begin no later than November 2020.
- HCA will work with the Commission on Asian Pacific American Affairs (CAPAA) to establish an ongoing, annual comprehensive community education and outreach program to support both COFA Islander Health Care and Dental Care.
- The state budget includes funds to support culturally and linguistically appropriate outreach for the dental program and COFA Islander Health Care as well as an ongoing annual contract with a COFA organization.

PROGRAM COSTS

Washington’s program provides dental services to income-eligible citizens of the COFA nations who reside in the state by providing no premium or cost-sharing payment requirement. The budget for the program includes funding for a Full-Time Equivalent Medical Program Specialist to manage program implementation, including the development of rules, an outreach plan, materials, and the formation and coordination of meetings for an advisor committee. The position also oversees eligibility, develops and manages reporting, supports community partners in their outreach to eligible, but not yet enrolled households, and plans for future program improvement. The benefits are implemented in the same way as the medical program. The projected operational expenditures for the program are outlined in Exhibit 5 and total $4,935,000. Additionally, a one-time IT impact was estimated at $1,173,000. With additional
professional services contracts Washington's total estimate using the General Fund from the State is $8,531,000.

### EXHIBIT 5 WASHINGTON COFA PROJECTED EXPENDITURES

<table>
<thead>
<tr>
<th></th>
<th>FY 2020</th>
<th>FY 2021</th>
<th>FY 2022</th>
<th>FY 2023</th>
<th>FY 2024</th>
<th>FY 2025</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries and Wages</td>
<td>80,000</td>
<td>80,000</td>
<td>80,000</td>
<td>80,000</td>
<td>80,000</td>
<td>80,000</td>
</tr>
<tr>
<td>Employee Benefits</td>
<td>29,000</td>
<td>29,000</td>
<td>29,000</td>
<td>29,000</td>
<td>29,000</td>
<td>29,000</td>
</tr>
<tr>
<td>Services Contract</td>
<td>55,000</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goods and Services</td>
<td>12,000</td>
<td>12,000</td>
<td>12,000</td>
<td>12,000</td>
<td>12,000</td>
<td>12,000</td>
</tr>
<tr>
<td>Travel</td>
<td>1,000</td>
<td>1,000</td>
<td>1,000</td>
<td>1,000</td>
<td>1,000</td>
<td>1,000</td>
</tr>
<tr>
<td>Capital Outlay</td>
<td>10,000</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants, Benefits</td>
<td>362,000</td>
<td>579,000</td>
<td>695,000</td>
<td>834,000</td>
<td>834,000</td>
<td>834,000</td>
</tr>
<tr>
<td>Services</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>549,000</td>
<td>701,000</td>
<td>817,000</td>
<td>956,000</td>
<td>956,000</td>
<td>956,000</td>
</tr>
</tbody>
</table>


### FUTURE EFFORTS

The next steps for the Washington HCA, Washington State Health Benefits Exchange, and advocates is to create an implementation plan for COFA Islander Dental Care.
CHAPTER 5. DENTAL CARE PROVIDERS

DENTAL CARE ORGANIZATIONS

Dental Care Organizations contract with dental practices to provide critical business management and support including non-clinical operations. These organizations allow dentists to focus solely on providing the best care possible for their patients. DCOs support dental businesses by providing professional services that are outside of the scope of patient care. This business model has been increasingly popular with the passage of the Affordable Care Act and the expansion of Medicaid. It’s allowed some dental practices to provide more affordable care to a larger patient population. Some examples of the services provided by DCOs include: Human Resources, Recruiting, Capital & Financing, Marketing, Budgeting, IT Services, Payroll, Risk Management, Accounting, and Tax Services. In Oregon specifically, there are six Dental Care Organizations and Appendix A includes contact information. Exhibit 6 indicates the location of the DCO’s in relation to the counties in which the COFA populations reside.

EXHIBIT 6 DCOs AND COFA INTERVIEW POPULATION

Source: MGT Consulting Group and the Oregon Health Authority.
CHAPTER 5. DENTAL CARE PROVIDERS

DENTAL CLINICS

Oregon has an estimated 1,567 dental practices in the state, which is equates to an average of 2,688 residents per general dental practice. There are 855 “specialty” practices. Specialty practices include oral surgeons, endodontists, orthodontists, and periodontists. Appendix B lists 19 dental clinics that provide free or low-cost dental care to Oregon's residents and Exhibit 7 shows the location of the Dental Clinics in relation to the COFA population.

EXHIBIT 7 DENTAL CLINICS AND COFA INTERVIEW POPULATION

Source: MGT Consulting Group.
CHAPTER 6. SURVEY RESULTS

The purpose of the survey was to understand the current needs, prior services, and interest in dental care of the COFA population in Oregon. Demographic information provides context for understanding where the respondents live and who they are.

PRIOR DENTAL PROCEDURES AND ISSUES
Most lost teeth were due to decay or disease as noted in Exhibit 8. One respondent lost all his teeth as a side effect of medication.

EXHIBIT 8 LOST TEETH DUE TO DECAY OR DISEASE

30%
70%

No  Yes

Source: MGT Consulting Group.
Chapter 6. Survey Results

Of those who lost teeth due to decay or disease, most lost more than 5 teeth, followed by one or two lost teeth as displayed in Exhibit 9.

**Exhibit 9 Number of Teeth Lost Due to Decay or Disease**

<table>
<thead>
<tr>
<th>Number of Teeth</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>26%</td>
</tr>
<tr>
<td>2</td>
<td>26%</td>
</tr>
<tr>
<td>3</td>
<td>8%</td>
</tr>
<tr>
<td>4</td>
<td>6%</td>
</tr>
<tr>
<td>5</td>
<td>4%</td>
</tr>
<tr>
<td>More than 5</td>
<td>30%</td>
</tr>
</tbody>
</table>

Source: MGT Consulting Group.

Most participants visited a dentist over two years ago, almost 30% had visited a dentist in the last year and 18% had never been to a dentist as noted in Exhibit 10.

**Exhibit 10 Last Dental Visit**

<table>
<thead>
<tr>
<th>Last Dental Visit</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-2 years ago</td>
<td>46%</td>
</tr>
<tr>
<td>Last year</td>
<td>29%</td>
</tr>
<tr>
<td>Never</td>
<td>7%</td>
</tr>
<tr>
<td>Over 2 years ago</td>
<td>18%</td>
</tr>
</tbody>
</table>

Source: MGT Consulting Group.
The respondents had teeth extracted from common occurrences such as wisdom teeth removal to extraction of teeth that were cracked or pulled. Exhibit 11.

**EXHIBIT 11 MOST RECENT DENTAL TREATMENT**

- Cleaning and root canal: 9%
- Extraction and filling: 1%
- Cleaning and Extraction: 3%
- Cleaning and Filling: 1%
- Filling: 7%
- Extraction: 41%
- Cleaning: 38%

*Source: MGT Consulting Group.*
CHAPTER 6. SURVEY RESULTS

A few of the residents did return to the island for free dental care as displayed in Exhibit 12. Some of the participants mentioned barriers including flight costs of $2,000 and upwards, as well as the time to travel and be away from work and family.

EXHIBIT 12 RETURNED TO THE ISLAND FOR CARE

10%
90%

No  Yes

Source: MGT Consulting Group.

CURRENT DENTAL CARE AND NEEDS

The interviewer asked about current dental care and needs. When asked about preventative care, most respondents stated that they brush their teeth at least twice a day as displayed in Exhibit 13. Preventative care is important to maintaining good oral health as well as overall health.

EXHIBIT 13 NUMBER OF TIMES THAT TEETH ARE BRUSHED

Source: MGT Consulting Group.


**CHAPTER 6. SURVEY RESULTS**

When asked about mouth pain, most shared that they currently have pain and the majority of those with pain described teeth as the location, as show in Exhibit 14.

**EXHIBIT 14 MOUTH PAIN**

- 71% No
- 29% Yes

Source: MGT Consulting Group.

Respondents reported a need for dental services, and most shared the need for a cleaning, indicating a desire for preventative care. Dentures were the next most commonly mentioned needed services, highlighting needs for restorative care. Exhibit 15 displays current dental needs.

**EXHIBIT 15 DENTAL NEEDS**

- 61% Cleaning
- 3% Dentures
- 15% Filling
- 1% Root Canal
- 20% X-ray

Source: MGT Consulting Group.
Most of the interview participants did not have dental insurance Exhibit 16. For those that do have dental insurance, most have it through their employer or their spouse’s employers.

**EXHIBIT 16 DENTAL INSURANCE**

- 22% Yes
- 78% No

Source: MGT Consulting Group.

Of those responding regarding their likelihood of using dental care if offered by Oregon, Exhibit 17 indicates that 97 percent shared that they would be “very likely” or “somewhat likely” to use offered dental care.

**EXHIBIT 17 LIKELIHOOD OF USING DENTAL CARE IF OFFERED**

- 23% Very likely
- 74% Somewhat likely
- 3% Not likely

Source: MGT Consulting Group.
DEMOGRAPHICS OF SURVEY RESPONDENTS

Most of the respondents live in Western Oregon in Multnomah County, which is where Portland is located and Marion County, where Salem is located. A few live in Eastern Oregon. Exhibit 18 illustrates where respondents live and Exhibit 19 displays numbers of respondents living in the counties.

EXHIBIT 18 LOCATION OF COFA RESIDENCES

Source: MGT Consulting Group.

EXHIBIT 19 COUNTY OF RESIDENCE

Source: MGT Consulting Group.
CHAPTER 6. SURVEY RESULTS

Most respondents were from the FSM, followed by RMI, and Palau as shown in Exhibit 20.

**EXHIBIT 20 COFA NATION**

<table>
<thead>
<tr>
<th></th>
<th>Palau</th>
<th>RMI</th>
<th>FSM</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-10</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11-20</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>21-30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>31-40</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>41-50</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>51-60</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>61-70</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>5</td>
<td>37</td>
<td>64</td>
</tr>
</tbody>
</table>

Source: MGT Consulting Group.

Many of the participants were between the ages of 19 and 29 as noted in Exhibit 21.

**EXHIBIT 21 AGE OF INTERVIEW PARTICIPANTS**

<table>
<thead>
<tr>
<th></th>
<th>19-29</th>
<th>20-29</th>
<th>30-39</th>
<th>40-49</th>
<th>50-59</th>
<th>60 or older</th>
</tr>
</thead>
<tbody>
<tr>
<td>19-29</td>
<td>26</td>
<td>21</td>
<td>10</td>
<td></td>
<td></td>
<td>21</td>
</tr>
<tr>
<td>20-29</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>30</td>
</tr>
<tr>
<td>30-39</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>26</td>
</tr>
<tr>
<td>40-49</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>21</td>
</tr>
<tr>
<td>50-59</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>10</td>
</tr>
<tr>
<td>60 or older</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>21</td>
</tr>
<tr>
<td>Total</td>
<td>30</td>
<td>26</td>
<td>21</td>
<td>21</td>
<td>10</td>
<td>21</td>
</tr>
</tbody>
</table>

Source: MGT Consulting Group.

The respondents were primarily female as shown in Exhibit 22.

**EXHIBIT 22 RESPONDENTS BY GENDER**

- 31% Female
- 69% Male

Source: MGT Consulting Group.
CHAPTER 7: DEMAND ANALYSIS

The demand analysis uses the calculations noted in the methodology and accounts for estimated population growth, interest in dental coverage, and those with dental insurance. This also assumes outreach to the population will occur in tandem with renewal of the COFA Premium Assistance Program. Three Scenarios are detailed in Exhibit 23 based on the assumptions of no current dental coverage, those who indicated they were very likely or somewhat likely to use coverage if available, and with population growth based on U.S. Census data projections for Native Hawaiians and Pacific Islanders.

<table>
<thead>
<tr>
<th>Scenario 1</th>
<th>Scenario 2</th>
<th>Scenario 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Dental Coverage</td>
<td>Likelihood of Use</td>
<td>Population Growth</td>
</tr>
<tr>
<td>Year</td>
<td>Projected Enrollment</td>
<td>Cost</td>
</tr>
<tr>
<td>2021</td>
<td>636</td>
<td>$844,386</td>
</tr>
<tr>
<td>2022</td>
<td>649</td>
<td>$861,274</td>
</tr>
<tr>
<td>2023</td>
<td>662</td>
<td>$878,499</td>
</tr>
<tr>
<td>2024</td>
<td>675</td>
<td>$896,069</td>
</tr>
<tr>
<td>2025</td>
<td>689</td>
<td>$913,991</td>
</tr>
</tbody>
</table>

Note: Figures are rounded to the nearest whole dollar.
Source: MGT Consulting Group.
## APPENDIX A: DENTAL CARE ORGANIZATION CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Address</th>
<th>Phone Number</th>
<th>Fax Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advantage Dental Services</td>
<td>412 SW Umatilla Ave, STE 200,</td>
<td>(866)268-9631</td>
<td>(541)504-3967</td>
<td><a href="http://www.advantagedental.com">www.advantagedental.com</a></td>
</tr>
<tr>
<td></td>
<td>Redmond, OR 97756</td>
<td></td>
<td>(800)268-9618</td>
<td></td>
</tr>
<tr>
<td>Capitol Dental Care, Inc.</td>
<td>3000 Market St NE, STE 218,</td>
<td>(503)545-5205</td>
<td>(503)581-0043</td>
<td><a href="http://www.capitoldentalcare.com">www.capitoldentalcare.com</a></td>
</tr>
<tr>
<td></td>
<td>Salem, OR 97304</td>
<td>(800)515-6800</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family Dental Care</td>
<td>6700 SW 105th Ave, STE 210,</td>
<td>(503)644-2663</td>
<td></td>
<td><a href="http://www.familydentalcareinc.com">www.familydentalcareinc.com</a></td>
</tr>
<tr>
<td></td>
<td>Beaverton, OR 97008</td>
<td>(888)350-0996</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CareOregon Dental</td>
<td>315 SW 5th Ave, Portland, OR</td>
<td>(503)416-1444</td>
<td></td>
<td><a href="http://www.careoregondental.org">www.careoregondental.org</a></td>
</tr>
<tr>
<td></td>
<td>97204</td>
<td>(888)440-9912</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Managed Dental Care of Oregon, Inc.</td>
<td>3000 Market St NE, STE 222,</td>
<td>(503)538-9604</td>
<td>(503)581-0043</td>
<td><a href="http://www.mdcdental.com">www.mdcdental.com</a></td>
</tr>
<tr>
<td></td>
<td>Salem, OR 97301</td>
<td>(800)342-0526</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ODS</td>
<td>601 SW 2nd Ave, Portland, OR</td>
<td>(503)243-2987</td>
<td>(503)952-5259</td>
<td><a href="http://www.modahealth.com/ohp">www.modahealth.com/ohp</a></td>
</tr>
<tr>
<td></td>
<td>97204</td>
<td>(800)342-0526</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## APPENDIX B: DENTAL CLINIC CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oregon Health &amp; Science University Dental Clinics</td>
<td>503-494-8830</td>
<td></td>
</tr>
<tr>
<td>COI (Linn-Benton Community College)</td>
<td>541-758-3000</td>
<td>ext 115</td>
</tr>
<tr>
<td>Portland Community College Dental Hygiene Clinic - Sylvania Campus</td>
<td>971-722-4909</td>
<td></td>
</tr>
<tr>
<td>Pacific Dental Hygiene Clinic (Pacific University)</td>
<td>503-352-7373</td>
<td>No emergencies, extractions or crowns. Preventative, basic and restorative only.</td>
</tr>
<tr>
<td>Mount Hood Community College</td>
<td>503-491-7176</td>
<td></td>
</tr>
<tr>
<td>University of Oregon University Health Center</td>
<td>541-346-2770</td>
<td>Must be a registered student to use the facilities</td>
</tr>
<tr>
<td>Lane Community College Dental Clinic</td>
<td>541-663-5306</td>
<td>Adults and children, emphasis on adults who have not had regular preventative care</td>
</tr>
<tr>
<td>OIT Dental Hygiene Clinic</td>
<td>541-885-1330</td>
<td>Adults only. Call for details, no insurance accepted at this time</td>
</tr>
<tr>
<td>Portland State University Student Clinic</td>
<td>503-725-2611</td>
<td>Portland State University students enrolled in 5 credits or more per term only people allowed to use</td>
</tr>
<tr>
<td>Carrington College Dental Hygiene Clinic</td>
<td>503-419-4971</td>
<td>General Public</td>
</tr>
<tr>
<td>Multnomah County Health Dept. - Dental Services</td>
<td>503-916-5808</td>
<td>Routine and Urgent dental care in 5 county clinics. OHP Plus and Standard-No fee, Uninsured, Discounted fees based on family size &amp; income--bring proof of income.</td>
</tr>
<tr>
<td>FRIENDS OF CRESTON DENTAL CHILDREN’S CLINIC</td>
<td>503-926-6666</td>
<td>Creston Children’s Dental Clinic is a nonprofit committed to children’s dental health. The mission is to provide prevention, education and dental care of the highest quality at no cost to low-income children of Multnomah County. Dental Services:</td>
</tr>
<tr>
<td>Boys &amp; Girls club of Albany</td>
<td>541-926-6666</td>
<td>Dental services provided to uninsured children 6-18 at no cost to their families.</td>
</tr>
<tr>
<td>Donated Dental</td>
<td>503-594-0837</td>
<td>Services provided to approved applicants by volunteer dentists. Free</td>
</tr>
<tr>
<td>Salem Free Medical and Dental Clinic</td>
<td>503-990-8772</td>
<td>Adults under 65 and teens, without insurance only (extractions only). Free</td>
</tr>
<tr>
<td>Kemple Memorial Children’s Dental Clinic</td>
<td>541-617-153</td>
<td>Children and young adults, ages 3-25. No fees for uninsured</td>
</tr>
<tr>
<td>Medical Teams International (Traveling Dental Vans)</td>
<td>503-624-1026</td>
<td>FREE. Limited to extractions and fillings as needed to treat severe pain or infection</td>
</tr>
<tr>
<td>A.L.E. Dental Center – Eugene</td>
<td>541-393-7000</td>
<td>Preventative and restorative treatment. Required to be under 100% of federal poverty level; no insurance and not qualified for Care Credit. No fee with approved treatment plan.</td>
</tr>
<tr>
<td>A.T.E. Dental Center – Eugene</td>
<td>541-393-7000</td>
<td>Preventative and restorative treatment. Required to be under 100% of federal poverty level. No insurance and not qualified for Care Credit. Free with approved treatment plan.</td>
</tr>
</tbody>
</table>

Department of Consumer and Business Services • January 31, 2020
Oregon Demographic Dental Report • Final Report

Page | 28

39
APPENDIX C: DISCLAIMER

MGT’s analysis and recommendations rely on the accuracy of information the client provided, information provided by COFA citizens to MGT, and information available online. This report also relies on near-term and long-term assumptions influenced by factors outside of MGT’s control that may adversely impact the client’s future plans based on this report.

Changes such as those to the client’s financial health and costs, as well as state, local, and global economic conditions, may impact both the demand and outcomes for the project, costs, and/or the project’s financial feasibility. Additional risks to the client’s project include but are not limited to changes to demand, competitive programs, regulatory changes, population changes, and general acts of disaster.